

Shaftesbury Cycling Club

presents the 101st edition of its

Open 50 Miles Time Trial

(B.B.A.R. and E.C.C.A. Counting Event)

Saturday 15th July 2017

Start 2.00 p.m.

Course E2/50c

Event HQ: Westley Waterless Village Hall, near Newmarket.

Postcode: **CB8 0RH** Grid Reference: **TL 624561**

Event Secretary: Paul Hirst

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Timekeepers: Trevor Pedley, Christine Yareham & Eric Angell

Awards

Fastest

The Perkins-Shaftesbury Centenary Trophy
(to be held for one year)

Men

Handicap

Veteran Standard

First £40

First £40

First £30

Second £30

Second £30

Women

Third £20

Tandem

First £40

First £20

Second £30

Fastest Team of Three

£10 each

One Rider - One Prize (except for Team Award)

For the last few years we have had to hold disciplinary hearings over paced and company riding. With so many riders with similar PB's it is even more important this year that you avoid all pacing and obey the Regulations.

Visit www.ShaftesburyCC.co.uk for details of all Club activities.

Catering by Nettareprise

No	Name	Club	Cat	Best C & LTS	Age Std	H'cap	Start
1	Mandy BUNN	C.C. Sudbury	WV		2:30.15	32.42	14.01
2	Julie CHASIN	Twickenham C.C.	WV		2:27.53	15.42	14.02
3	Leanne CUTLER	Hitchin Nomads C.C.	WV	2:07.22	2:28.22	25.33	14.03
4	Kay BURGESS	Kings Lynn C.C.	WV	2:11.22	2:30.15	29.17	14.04
5	David HARDING	Chelmer C.C.	S	1:49.31		8.53	14.05
6	Joe LE SAGE	Rutland C.C.	V	1:50.07	2:17.26	9.27	14.06
7	Chris MELIA	Born To Bike - Bridgtown Cycles	WV	1:52.24	2:32.41	11.35	14.07
8	Rachael ELLIOTT	Drag2zero	W	1:57.18		16.09	14.08
9	Charlotte COOPER	G.S. Metro	W	2:14.38		32.20	14.09
10	Lee TURNER	Sigma Sport.co.uk	V	1:49.00	2:19.09	8.24	14.10
11	Peter HARDING	Chelmer C.C.	S	1:49.48		9.09	14.11
12	Angus JARDINE	Ipswich B.C.	V	1:50.13	2:20.27	9.33	14.12
13	Tim BAYLEY	Arctic Taxr R.T.	V	1:50.15	2:16.59	9.34	14.13
14	Lisa DAVIS	Lewes Wanderers C.C.	WV	2:11.11	2:27.23	29.07	14.14
15	Martin WINTER	Twickenham C.C.	V	1:49.15	2:21.21	8.38	14.15
16	Paul COLES	73Degrees C.C.	V	1:50.00	2:16.59	9.20	14.16
17	Kate ALLAN	Drag2zero	W	1:51.03		10.19	14.17
18	Dena FORD	High Wycombe C.C.	WV	2:03.27	2:31.41	21.54	14.18
19	Sally WITHEY	Team Swift	WV	2:12.09	2:30.15	30.01	14.19
20	Lee BUCKMAN	Ashford Wheelers	V	1:48.59	2:16.32	8.24	14.20
21	Nicolas STAGG	Hounslow & District Whlrs.	V	1:49.41	2:18.18	9.03	14.21
22	Ken PLATTS	Cambridge C.C.	V	1:50.08	2:28.38	9.28	14.22
23	Anna TURVEY	Tyneside Vagabonds C.C.	W	1:56.32		15.26	14.23
24	Kristin STOLPE	Lovelo Cinelli R.T.	W	2:08.02		26.10	14.24
25	David TRISKA	V.C. Godalming & Haslemere	S	1:49.12		8.36	14.25
26	Paul HOLDSWORTH	Hounslow & District Whlrs.	V	1:49.58	2:21.21	9.19	14.26
27	Tom THORNELY	Buxton C.C. / Sett Valley Cycles	S	1:50.21		9.40	14.27
28	Susan TRIPOLOW	Essex Roads C.C.	WV	1:59.30	2:31.12	18.12	14.28
29	Joanna WELLS	Hounslow & District Whlrs.	WV	2:10.22	2:34.18	28.21	14.29
30	Julian PEGG	Hitchin Nomads C.C.	V	1:48.40	2:21.49	8.06	14.30
31	Dan SADLER	R.T. 316	V	1:49.32	2:15.35	8.54	14.31
32	Ben LANE	G.S. Metro	V	1:50.08	2:18.18	9.28	14.32
33	Katja RIETDORF	Born To Bike - Bridgtown Cycles	WV	1:56.01	2:29.19	14.57	14.33
34	Rebecca MURLEY	Wisbech Wheelers	WV	2:07.22	2:27.23	25.33	14.34
35	Matthew READER	Verulam C.C.	V	1:49.10	2:18.43	8.34	14.35
36	Jonathan GATES	Royal Air Force C.A.	V	1:49.56	2:15.35	9.17	14.36
37	Simon COLLINS	Dulwich Paragon C.C.	V	1:50.18	2:17.52	9.37	14.37
38	Crystal SPEARMAN	NOPINZ	W	1:57.46		16.35	14.38
39	Virginia McGEE	Charlottesville C.C.	WV	2:09.45	2:32.41	27.46	14.39
40	Alice LETHBRIDGE	Drag2zero	W	1:48.38		8.04	14.40
41	Julian ELLIOTT	Finsbury Park C.C.	V	1:42.00	2:18.18	1.52	14.41
42	David EMERY	Dulwich Paragon C.C.	V	1:44.09	2:17.26	3.53	14.42
43	Richard GILDEA	Didcot Phoenix C.C.	S	1:46.11		5.47	14.43
44	David SHEPHERD	G.S. Stella	V	1:48.02	2:22.49	7.30	14.44
45	Andy JACKSON	SSSL Racing Team	V	1:41.05	2:16.04	1.01	14.45
46	Marc TOWNSEND	Eastbourne Rovers C.C.	S	1:43.25		3.12	14.46
47	Rob YOUNG	Team Vision Racing - Silverhook	V	1:44.47	2:16.59	4.28	14.47
48	Kevin BAUMBER	Shaftesbury C.C.	V	1:47.21	2:16.59	6.52	14.48
49	Robert GOLDING	Ely & District C.C./B&T Motor Repairs	V	1:48.26	2:17.26	7.53	14.49
50	Peter HARRISON	AS Test Team	S	1:38.13		-1.53	14.50

No	Name	Club	Cat	Best C<S	Age Std	H'cap	Start
51	Alex NAPIER	Blazing Saddles	V	1:41.54	2:16.59	1.47	14.51
52	Pete MORRIS	Team ASL	S	1:44.07		3.51	14.52
53	Matthew ROWLEY	Oxonian C.C.	V	1:46.08	2:19.34	5.44	14.53
54	Ian GREENSTREET	Newbury R.C.	V	1:48.02	2:21.21	7.30	14.54
55	Colin WARD	Essex Roads C.C.	S	1:40.34		0.32	14.55
56	Sean TAYLOR	Royal Air Force C.A.	V	1:43.39	2:18.18	3.25	14.56
57	Richard HANCOCK	Team Secret Squirrel	V	1:44.45	2:19.34	4.26	14.57
58	Andrew ASKWITH	Bridlington C.C.	V	1:47.17	2:20.54	6.48	14.58
59	David PROCTER	Team Velovelocity	V	1:48.24	2:22.19	7.51	14.59
60	Liam MAYBANK	Twickenham C.C.	V	1:37.34	2:17.52	-2.33	15.00
61	Stuart TRAVIS	Team Bottrill/HSS Hire	S	1:41.30		1.24	15.01
62	Jonathan SHUBERT	Arctic Taxx R.T.	S	1:43.59		3.44	15.02
63	Jim MOFFATT	C.C. Luton	V	1:45.58	2:25.05	5.35	15.03
64	Matt PEEL	Redhill C.C.	S	1:47.30		7.00	15.04
65	Dave GREEN	Team Velovelocity	V	1:40.32	2:21.21	0.30	15.05
66	Mark NULTY	Glossop Kinder Velo C.C.	S	1:42.47		2.36	15.06
67	Ian TURNER	Team Secret Squirrel	S	1:44.44		4.26	15.07
68	Jamie WILKINS	Veloton	S	1:46.52		6.25	15.08
69	John LACEY	Hemel Hempstead C.C.	V	1:47.44	2:21.21	7.14	15.09
70	Matthew SMITH	Team Bottrill/HSS Hire	S	1:37.04		-3.05	15.10
71	Rob PEARS	Bath C.C.	V	1:41.41	2:21.49	1.35	15.11
72	Chris HERBERT	Lovelo Cinelli R.T.	S	1:45.32		5.10	15.12
73	Ben STOWE	Hemel Hempstead C.C.	S	1:47.26		6.57	15.13
74	Elliot GOWLAND	Team Bottrill/HSS Hire	V	1:47.40	2:17.52	7.10	15.14
75	Jon WYNN	T1 Diabetes.info	V	1:40.03	2:20.00	0.03	15.15
76	Mark SMITH	Crawley Wheelers	V	1:42.28	2:16.59	2.19	15.16
77	Michael BROADWITH	Arctic Taxx R.T.	S	1:44.39		4.21	15.17
78	James RICHARDSON	North Bucks R.C.	S	1:46.52		6.25	15.18
79	Andy STUART	V.C. St. Raphael	V	1:47.22	2:16.32	6.53	15.19
80	John DEWEY	Team Bottrill/HSS Hire	S	1:35.56		-4.16	15.20
81	Danny GRIEVES	G.S. Metro	S	1:41.27		1.22	15.21
82	Henrik PERSSON	Kingston Wheelers	S	1:43.54		3.39	15.22
83	Mark FLANNERY	Team Swift	V	1:45.21	2:18.18	5.00	15.23
84	Matthew CHARLTON	Farnborough & Camberley C.C.	S	1:47.23		6.54	15.24
85	Kevin TYE	Velo Refined.com Aerosmiths	V	1:39.23	2:22.19	-0.39	15.25
86	Dave LAZENBY	Baines Racing - Silverstone Cycle	V	1:42.00	2:21.21	1.52	15.26
87	Howard SHAW	Eastbourne Rovers C.C.	S	1:44.38		4.20	15.27
88	Andrew HALLIDAY	Westerley C.C.	V	1:47.35	2:17.52	7.05	15.28
89	Andrew GRANT	Cambridge C.C.	V	1:48.29	2:27.51	7.56	15.29
90	Richard BIDEAU	Pendle Forest C.C.	V	1:35.22	2:18.18	-4.52	15.30
91	David LANGLANDS	Team Bottrill/HSS Hire	V	1:41.14	2:20.27	1.10	15.31
92	Pete DYSON	East London Velo	S	1:43.17		3.04	15.32
93	Keith DORLING	Team Bottrill/HSS Hire	V	1:48.12	2:23.54	7.40	15.33
94	Keith AINSWORTH	Langsett Cycles R.T.	V	1:48.29	2:23.54	7.56	15.34
95	Carl DONALDSON	G.S. Metro	S	1:38.56		-1.07	15.35
96	Conrad MOSS	Mid Devon C.C.	V	1:43.57	2:16.32	3.42	15.36
97	Mark RICHARDS	V.C. Baracchi	S	1:44.59		4.40	15.37
98	Rich HUNT	Army Cycling Union	V	1:46.28	2:17.52	6.03	15.38
99	Mark ARNOLD Glenn TAYLOR	C.C. Desiragear Shorter Rochford R.T.	Tan				15.39
100	Becky LEWIS Howard LEWIS	Mid Shropshire Wheelers	Tan	1:39.12			15.40

179 entries were received for this event and many of those entrants have been disappointed not to get a ride. To those of you who have made the cut we hope the conditions will be right for you to achieve your Personal Best.

Over the years we have seen 6 Competition Records set in this event. With the quality of the field this year being described as the "fastest 50 ever", can we hope for more?

RIDERS' NOTES

- ❖ Event Headquarters are at Westley Waterless Village Hall, near Newmarket (see map for directions). Please park outside the HQ grounds and only to the east of Village Hall. Please obey the Parking Marshals and park sensibly. Avoid blocking the pathways by not parking on the verges. Please give consideration to all other road users in the area so ensuring that we will be able to continue using these Headquarters. **It is also possible to park nearer the Start and Finish, in the road between Six Mile Bottom and West Wrattling.**
- ❖ **NO SHOEPLATES or SMOKING in the Hall.**
- ❖ Start is about 5 miles from event HQ. To get to the Start, turn right out of Village Hall, left at crossroads then right at next crossroads to Six Mile Bottom. Turn left & proceed to slip road onto A11 southbound, continue and take the next slip road to The Wilbrahams.
- ❖ The field layout has been based on handicaps but has also been set so that the faster riders are in the second part of the race. This is to ensure that all riders are off the course within the permitted time period. The race also counts for the ECCA Points Competition and Handicap BAR and handicaps were calculated using the CTT Standard Handicapping System, amended to include negative handicaps.
- ❖ Please inform [Organiser](#) or [Webmaster](#) of any improvement in your time for the current and last three seasons. Failure to do so could result in you being disqualified from the Handicap Award.
- ❖ There will be plenty of refreshments available at the Village Hall and we are planning once again to have our Big Screen results service.

IMPORTANT: PLEASE READ THE FOLLOWING CTT REGULATIONS

- 1 **NO** 'Warming up' by competitors is allowed on the course once the event has started.
- 2 **NO "U" TURNS** are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee. Note: Riders must continue after the Finish before crossing the road at Six Mile Bottom.
- 3 Riders' body numbers will be available at event HQ and must be personally signed for after reading any special course instructions.
- 4 As soon as you have finished you should return your number to the event HQ and personally sign out (failure to do so may mean you will be recorded as DNF). **You should also check to see if you are required for Doping Control.** You may exchange your number for a drink at the HQ.
- 5 Marshals placed to direct competitors off the main carriageway **MUST NOT** stand at the apex between the carriageway and the slip road but should be located at the commencement of the slip road.
- 6 Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will also be liable to disciplinary action by the District Committee.
- 7 **IN THE INTERESTS OF YOUR OWN SAFETY**, Cycling Time Trials and the Event Promoters strongly advise you to wear a **HARD SHELL SAFETY HELMET** that meets an internationally accepted safety standard. In accordance with Regulation 15 ALL competitors under the age of 18 years and/or Juniors must wear Protective Hard Shell Helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

HEAD DOWN RIDING KILLS!