KENT VALLEY ROAD CLUB Saturday, June 17th 2017 starting at 18.01hrs Midsummer Charity 10 (course L1015)

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

Event secretary: Tim Bennett 105a North Road, Carnforth, Lancashire, LA5 9LX Tel. 01524 720719 (home) 07523 864986 (mobile)

COURSE L1015

START in lay-by alongside the A590 approximately 500 yards south-west of junction with southbound A6 in line with the three white marks on the kerb edge which are 20 yards west of a drainage grate which is 5 yards west of the eastern end of footpath and 25 yards east of a drainage grate almost in line with the SOS telephone point. This mark is directly in line with a wooden fence post with two angled supports in the hedge and almost in line with a 'Please take your litter home' sign.

Proceed along the A590 in a south-westerly direction to encircle roundabout on Lindale by-pass (5.243 miles).

Retrace along the A590 to FINISH in line with the metal cover in northern grass verge embossed 'Charlton Ironworks Sheffield' which is approximately 12 yards east of large road sign on slip-road to the A6 approximately 90 yards short of Levens Bridge/ Levens Village road (10MILES).

EVENT HQ is in lay-by of approach road to Sizergh Castle (LA8 8DZ), which is signposted off the A590 immediately after leaving the Brettargh Holt roundabout junction with the A591, heading towards Barrow.

ALLOW a good seven minutes to ride round the Brettargh Holt roundabout then west along the A590 to the lay-by start at the top of Levens Brow.

If you are unable to ride please let me know as soon as possible in order that I can offer one of the reserves a guaranteed start time.

The following Local Regulations have been approved by the National Committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.

CTT Regulation 17: Signing-on Sheet and Signing-Out Sheet

- a) The Competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on sheet when collecting their number.
- b) In type A events a competitor must return to the events HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their number and (ii) sign the official Signing-Out Sheet.

Local Reg No 5

In ALL events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.

Local Reg No 6

Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event. **Local Reg No 10**

Course L1015 & L2524 – warming up on the course is not permitted during the duration of the event.

Local Reg No 12

No parking on the car park or on the frontage of the Strickland Arms.

Local Reg No 15

Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

IN ADDITION TO THE ABOVE

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of regulations).

Riders must NOT ride with their heads down.

Riders must NOT cross the dual carriageway (A590) at any point.

Helmets: All competitors under the age of 18 and / or juniors must wear a HELMET OF HARD / SOFT

SHELL construction that conforms to a recognised standard (see Regulation 15). Cycling Time Trials strongly recommends ALL competitors to wear such a helmet.

Competitors Machine – Lights: CTT recommends that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.

Attention of the riders is drawn to the road conditions, which because of the bad weather over the winter period, have in some cases deteriorated very badly.

Timekeepers: Mrs Margaret Belk and Mr Bob Muir.

The proceeds of this event will be donated to Cancer Care – a local charity providing support to those with cancer and other life limiting conditions. <u>http://www.cancercare.org.uk/</u>

| bib | start_time | team_id | firstname | lastname | club | gender | category |
|-----|------------|---------|-----------|----------------------|----------------------------------|--------|----------|
| 1 | 18.01 | | Andrew | Barlow | Kent Valley RC | Male | Veteran |
| 2 | 18.02 | | Neil | Hughes- Hutchings | Morden CRC | Male | Senior |
| 3 | 18.03 | | Tony | Johnston | Barrow Central Wheelers | Male | Veteran |
| 4 | 18.04 | | harry | cowley | Chester RC | Male | Veteran |
| 5 | 18.05 | | Michael | Lewis | Rhyl CC | Male | Senior |
| 6 | 18.06 | | Beau | Smith | Racepace | Male | |
| 7 | 18.07 | | Richard | Bryan | Kent Valley RC | Male | Veteran |
| 8 | 18.08 | | Ben | Slaven | Racepace | Male | Senior |
| 9 | 18.09 | | Georgina | Cape | East Lancashire RC | Female | Veteran |
| 10 | 18.10 | | James | Gullen | JLT Condor | Male | Senior |
| 11 | 18.11 | | Gary | Murfin | Settle Wheelers | Male | Veteran |
| 12 | 18.12 | | David | Trippier | East Lancashire RC | Male | Veteran |
| 13 | 18.13 | | Alex | Hitchmough | St Helens CRC | Male | Veteran |
| 14 | 18.14 | | Richard | Belk | Kent Valley RC | Male | Veteran |
| 15 | 18.15 | | Richard | Durham | Settle Wheelers | Male | Veteran |
| 16 | 18.16 | | Michael | Соре | Kettering CC | Male | Veteran |
| 17 | 18.17 | | Thomas | Brabbin | Halifax Imperial Whs | Male | Senior |
| 18 | 18.18 | | John | Gore | Chorley Cycling Club | Male | Veteran |
| 19 | 18.19 | | Victoria | Kollard | Racepace | Female | Veteran |
| 20 | 18.20 | | David | Turner | Cleveleys Road Club | Male | Veteran |
| 21 | 18.21 | | Henry | Moss | Barrow Central Wheelers | Male | |
| 22 | 18.22 | | Alex | Smethurst | Team Swift | Female | Senior |
| 23 | 18.23 | | Glenn | Howarth | Kent Valley RC | Male | Veteran |
| 24 | 18.24 | | Neil | Hercberg | Barrow Central Wheelers | Male | Veteran |
| 25 | 18.25 | | andy | gates | Airevalley Solutions Race Team | Male | Veteran |
| 26 | 18.26 | | Martin | Wallis | Team Wallis Race Team | Male | Veteran |
| 27 | 18.27 | | Paul | Boardman | Lancaster CC | Male | Senior |
| 28 | 18.28 | | Keiran | Sandham | Kendal Cycle Club | Male | Senior |
| 29 | 18.29 | | Francesca | Counsell | Bella in Sella | Female | ľ |
| 30 | 18.30 | | David | Huck | Barrow Central Wheelers | Male | Senior |
| 31 | 18.31 | | Russell | McLean | Beacon Wheelers | Male | Senior |
| 32 | 18.32 | | Robert | Hw | Southport CC | Male | Veteran |
| 33 | 18.33 | | Ben | Watson | Glossop Kinder Velo Cycling Club | Male | Unknowr |
| 34 | 18.34 | | Katie | Lukas | Beacon Wheelers | Female | Veteran |

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| 35 | 18.35 | Leon | Barnes | Lune RCC | Male | Senior |
| 36 | 18.36 | Mike | Westmorland | Border City Whs CC | Male | Veteran |
| 37 | 18.37 | Archie | Irving | Beacon Wheelers | Male | Juvenile |
| 38 | 18.38 | Wendy | Drake | Racepace | Female | Veteran |
| 39 | 18.39 | aimee | casey | Liverpool Braveheart Bicycle Club | Female | Juvenile |
| 40 | 18.40 | Joe | Simons | Albarosa CC | Male | Senior |
| 41 | 18.41 | Barrie | Whittaker | Lyme Racing Club | Male | Veteran |
| 42 | 18.42 | Will | Kerry | Lancashire RC | Male | Junior |
| 43 | 18.43 | Charlotte | Gorman | Team Lusso | Female | Senior |
| 44 | 18.44 | Mick | Braithwaite | Ribble Valley C&RC | Male | Veteran |
| 45 | 18.45 | david | chell | Lancaster CC | Male | Veteran |
| 46 | 18.46 | Chris | Bateman | Border City Whs CC | Male | Senior |
| 47 | 18.47 | lan | Lawton | Hoppers Rollers | Male | Veteran |
| 48 | 18.48 | carol | westmorland | Border City Whs CC | Female | Veteran |
| 49 | 18.49 | steve | Casey | Liverpool Braveheart Bicycle Club | Female | Junior |
| 50 | 18.50 | paul | russell | Springfield Financial Racing Team | Male | Veteran |
| 51 | 18.51 | Jose | Pinon Shaw | Preston CC | Male | Veteran |
| 52 | 18.52 | Dave | Poulter | Wrekinsport CC | Male | Veteran |
| 53 | 18.53 | Allan | Renyard | Guernsey Velo Club | Male | Veteran |
| 54 | 18.54 | Ken | Woodward | Bury Clarion CC | Male | Veteran |
| 55 | 18.55 | Mark | Hassall | Surface Design Racing | Male | Veteran |
| 56 | 18.56 | Robin | Shedden | Wrekinsport CC | Male | Veteran |
| 57 | 18.57 | Matthew | Lunt | Surface Design Racing | Male | Senior |
| 58 | 18.58 | PETER | METCALFE | Wyndymilla | Male | Senior |
| 59 | 18.59 | Peter | Matthew | East Lancashire RC | Male | Veteran |
| 60 | 19.00 | russ | richardson | Teesdale CRC | Male | Veteran |
| 61 | 19.01 | Tristan | Pilling | Middleton CC | Male | Juvenile |
| 62 | 19.02 | Frank | anderson | SVTTA | Male | Veteran |
| 63 | 19.03 | Paul | Drake | Clitheroe Bike Club | Male | Veteran |
| 64 | 19.04 | Charlotte | Carter | Ribble Valley C&RC | Female | Senior |
| 65 | 19.05 | Tony | Workman | Lancashire RC | Male | Veteran |
| 66 | 19.06 | John | McCrory | Glasgow United CC | Male | Veteran |
| 67 | 19.07 | Paul | Higginbottom | BodyTorq Racing | Male | Senior |
| 68 | 19.08 | ste | casey | Liverpool Braveheart Bicycle Club | Male | Veteran |
| 69 | 19.09 | Louise | Hamilton | Mountain Goat Coaching | Female | Veteran |
| 70 | 19.10 | Ben | Boardman | New Forest CC | Male | Senior |
| 71 | 19.11 | Kenneth | Brown | Velo Club Cumbria | Male | Senior |
| 72 | 19.12 | Jeff | Garnett | Lancaster CC | Male | Veteran |
| 73 | 19.13 | scott | taylor | Springfield Financial Racing Team | Male | Veteran |
| 74 | 19.14 | Ashly | Rosewarne | Liverpool Phoenix CC (Aintree) | Male | Veteran |
| 75 | 19.15 | Sam | Anderton | North Lancs RC | Male | Senior |
| 76 | 19.16 | Andrew | Dent | Pendle Forest CC | Male | Veteran |
| 77 | 19.17 | Richard | Howe | Bishop Auckland CC | Male | Veteran |
| 78 | 19.18 | Норе | Kerry | Team Lusso | Female | Senior |
| 79 | 19.19 | Trevor | Thirsk | Stretford Wheelers CC | Male | Veteran |
| 80 | 19.20 | Tim | Humphries | Team Swift | Male | Veteran |
| 81 | 19.21 | Peter | Haigh | Nelson Whs CC | Male | Veteran |
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| 82 | 19.22 | Neil | Fort | Yorkshire Road Club | Male | Veteran |
| 83 | 19.23 | Bill | Maxwell | Border City Whs CC | Male | Veteran |
| 84 | 19.24 | Sarah | Jepson | Racepace | Female | Senior |
| 85 | 19.25 | Graham | Stephenson | Rhyl CC | Male | Veteran |
| 86 | 19.26 | Martyn | Uttley | Barrow Central Wheelers | Male | Veteran |
| 87 | 19.27 | Roy | Nield | Lancashire RC | Male | Veteran |
| 88 | 19.28 | Graham | Sheard | North Lancs RC | Male | Veteran |
| 89 | 19.29 | karen | bailey | East Lancashire RC | Female | Veteran |
| 90 | 19.30 | Liam | Beaty | Hawick Cycling Club | Male | Senior |
| 91 | 19.31 | Martin | Lee | Bury Clarion CC | Male | Veteran |
| 92 | 19.32 | Stephen | Glenwright | VTTA (Merseyside) | Male | Veteran |
| 93 | 19.33 | Alex | Nurse | Liverpool Century RC | Male | Senior |
| 94 | 19.34 | Nick | Wharton | Kent Valley RC | Male | Veteran |
| 95 | 19.35 | PAUL | WARRENER | Rossendale RC | Male | Veteran |
| 96 | 19.36 | sean | Casson | Barrow Central Wheelers | Male | Veteran |
| 97 | 19.37 | Andy | Cosgrove | Teesdale CRC | Male | Veteran |
| 98 | 19.38 | William | Fairclough | St Helens CRC | Male | Veteran |
| 99 | 19.39 | Andrew | Bolton | Otley CC | Male | Veteran |
| 100 | 19.40 | STEVE | DAINTITH | Coveryourcar.co.uk RT | Male | Veteran |
| 101 | 19.41 | Gary | Туе | Preston CC | Male | Veteran |
| 102 | 19.42 | Peter | Leonard | Southport CC | Male | Veteran |
| 103 | 19.43 | Kevin | Chadwick | Lakes Road Club | Male | Veteran |
| 104 | 19.44 | Robert | Cassidy | Racepace | Male | Senior |
| 105 | 19.45 | Lewis | Hartley | Zappi Racing Team | Male | Junior |
| 106 | 19.46 | Ben | Falla | High Peak Cycles RT | Male | Senior |
| 107 | 19.47 | Craig | Wilson | Nelson Whs CC | Male | Veteran |
| 108 | 19.48 | Chris | Scaife | Teesdale CRC | Male | Veteran |
| 109 | 19.49 | David | Stamp | North Lancs RC | Male | Veteran |
| 110 | 19.50 | Matt | Langridge | Carnac-Planet X | Male | Senior |
| 111 | 19.51 | Nathan | Turnbull | Leigh Premier Road Club | Male | Veteran |
| 112 | 19.52 | Stuart | Blackburn | Springfield Financial Racing Team | Male | Veteran |
| 113 | 19.53 | Charles Edward (Ted) | scurr | Hartlepool CC | Male | Veteran |
| 114 | 19.54 | Dave | Topping | North Lancs RC | Male | Veteran |
| 115 | 19.55 | Sean | Noon | Edinburgh Road Club | Male | Espoir |
| 116 | 19.56 | Matt | Hacker | North Cheshire Clarion | Male | Veteran |
| 117 | 19.57 | Glenn | Bowyer | Lancashire RC | Male | Veteran |
| 118 | 19.58 | Richard | Tyson | Rock to Roll CC | Male | Veteran |
| 119 | 19.59 | Bradley | Layton | Teesdale CRC | Male | |
| 120 | 20.00 | David | Allonby | Springfield Financial Racing Team | Male | Senior |
| 121 | Reserve | Dave | Smalley | Clayton Velo | Male | Veteran |
| 122 | Reserve | Gordon | Johnston | Team Terminator | Male | Veteran |
| 123 | Reserve | Neil | Stirling | Kent Valley RC | Male | Veteran |
| 124 | Reserve | cyril | wynne | Stretford Wheelers CC | Male | Veteran |
| 125 | Reserve | james | lawley | Barrow Central Wheelers | Male | Veteran |
| 126 | Reserve | Peter | Jepson | Racepace | Male | Veteran |