

WITHAM WHEELERS CYCLING CLUB

Promoting Cycling Since 1958

Present their annual 10 mile Time Trial

(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

Sunday 4th June 2017 at 0900

on Course C10/10 (COURSE RECORD GEORGE ATKINS 20:18)

COURSE: Start on A15 Sleaford By Pass 0.25 miles South of Quarrington Roundabout (A15/A153/B1517) near field entrance with large tarmac entrance both sides of A15. Proceed South on A15 through Osbournby to Roundabout (A15/A52). Encircle Roundabout and retrace along A15 to FINISH approximately 80 yards short of lay-by sign (approx 1 mile going south) and 0.32 miles short of the Start.

EVENT HQ: Silk Willoughby Village Hall, School Lane, Silk Willoughby. NG34 8PG **PARKING** Please park with consideration to local residents.

NUMBERS: Will be issued when signing on.

TO THE START: From HQ turn **LEFT** onto London Road, go past garden centre, **LEFT** onto Town Road and **Left** onto Grantham Road, **LEFT** at roundabout.

ALLOW Sufficient time to reach the Start which is approximately 1.5 miles from HQ. **PROCEED** from HQ go right towards Grantham. Take 1st exit at Quarrington Rbt on to A15. **START** Is approx half a mile along on the left. Parking in Start and Finish areas is restricted to Official vehicles only.

RESTRICTIONS: There must be no warming up on the course once the event is in progress. **U TURNS** Within site of the Time keepers could lead to disqualification. **AWARENESS OF SURROUNDINGS** No head/earphones permitted except hearing aids (Reg 19) **SLEEVELESS TOPS** Are not permitted. (Regulation 16) **FINISH** Please call your number out upon completing your ride. **EXCHANGE YOUR NUMBER** At the Tea Bar for a Free Drink.

TIMEKEEPERS: Brian Mallett (Witham Wheelers), Sharon Fensom

RESULTS BOARD: Martin Hedley (Witham Wheelers)

EVENT SEC: Martin Hedley, 18, Chapel Lane, Claypole, Newark, Notts NG235BB (0785 445 9278) email: mjhedley66@gmail.com

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the Event Promoters strongly advise you to wear a **HARD SHELL HELMET** that meets a recognized standard. All competitors under the age of 18 years and/or Juniors must wear a properly fixed helmet. As per Regulation 15. CTT recommend that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.