**Bourne Wheelers Open 10 Mile Time Trial**

**(Promoted on behalf of Cycling Time Trials under their rules and regulations)**

**Sunday 14th May 2017 at 9am(sign on from 8am)**

**Course C10/10**

HQ- The Horseshoes, London Road Silk Willoughby, Sleaford, Lincs. NG34 8NZ

COURSE: START on A15 Sleaford By Pass 0.25 miles South of Quarrington Roundabout (A15/A153/B1517) near field entrance with large tarmac entrance both sides of A15.

Proceed South on A15 through Osbournby to Roundabout(A15/A52). Encircle Roundabout and retrace along A15 to **FINISH approximately 80 yards short of lay-by sign (approx 1 mile going south) and 0.32 miles short of the Start.**

Parking in Start and Finish areas is restricted to Official vehicles only.

RESTRICTIONS There must be no warming up on the course once the event is in progress. U TURNS are not permitted in the vicinity of the Start and Finish areas AWARENESS OF SURROUNDINGS No head/earphones permitted except hearing aids (Reg 19) SLEEVELESS TOPS Are not permitted. (Reg 16) FINISH Please call your number out upon completing your ride. RETURN YOUR NUMBER WHEN SIGNING BACK IN (Reg 17b)

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the Event Promoters strongly advise you to wear a HARD SHELL HELMET that meets a recognized standard. All competitors under the age of 18 years and/or Juniors must wear a properly affixed helmet. As per Regulation 15. CTT recommend that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

On completing your ride please continue to the HQ. **Remember to sign back in**.

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| **Prize List** | **1st** | **2nd** | **3rd** |
| **Fastest** | **£30** | **£20** | **£15** |