Mackie Tankard 25 Mile Time Trial

SUNDAY 14 April 2024 8.00 AM START COURSE WE25/02

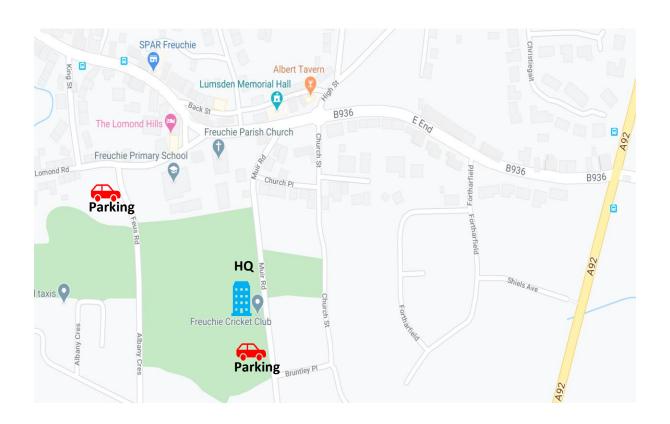
PROMOTED BY FIFE CYCLING ASSOCIATION
ON BEHALF OF CYCLING TIME TRIALS (CTT) UNDER THEIR
RULES & REGULATIONS

Organiser: Andy Williams, email: andy.williams20@btinternet.com

HQ and Parking

Event Headquarters (open from 7:00 am)

Freuchie Cricket Club, Muir Road, Freuchie KY15 7HW



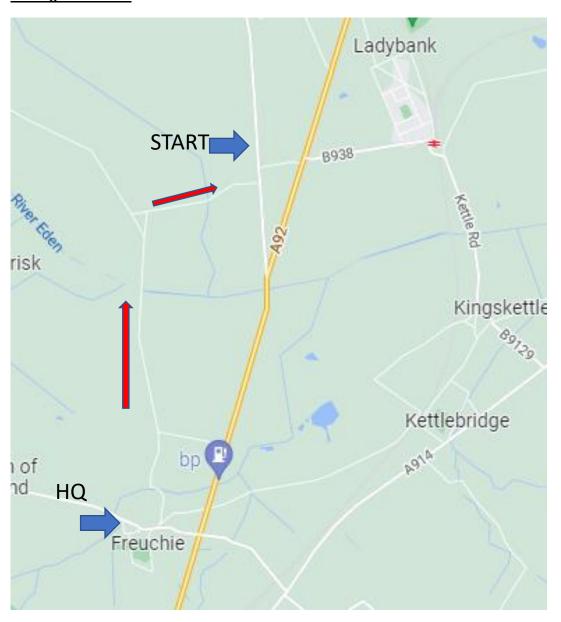
PARKING

Weather permitting parking will be on the perimeter of the cricket club field at HQ, however, if we have had heavy rain prior to the event we are unable to park on their grounds. If this is the case parking will be available on-street or at car park in the centre of Freuchie, just off Lomond Road. Please do not block driveways, lowered kerbs, etc. Please use the hall for changing purposes. Residents have complained to police about riders undressing in public. There is a small amount of parking close to the start at Heatherhall Woods).

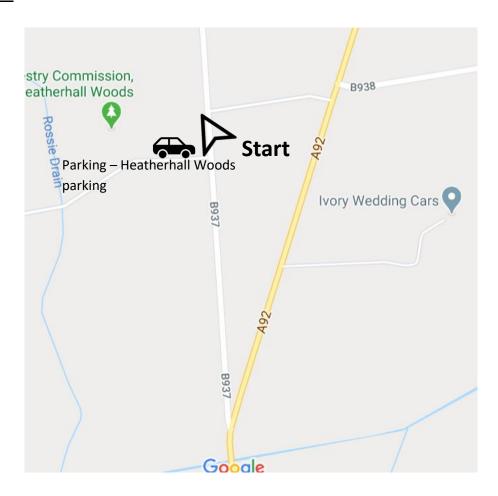
Warming Up

Competitors are requested not to warm up on the course after the event has started.

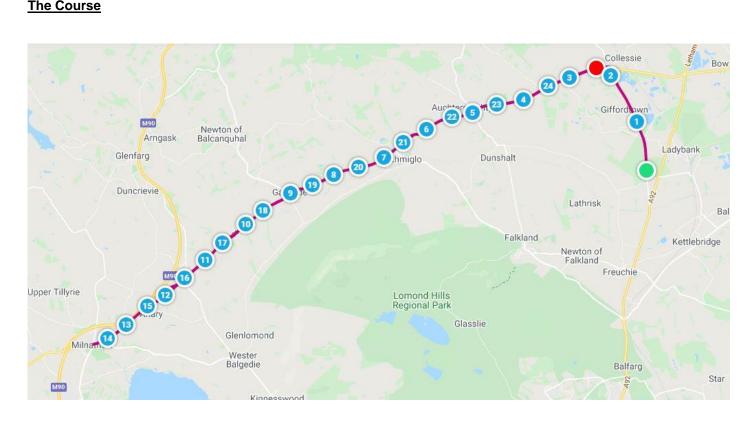
Getting to the Start



The Start.



The Course





Course

From start proceed along B937 to Trafalgar Junction, turn Left onto A91 and proceed to Milnathort (through Auchtermuchty, Gateside and Burnside). Circumvent mini-roundabout in Milnathort and retrace along A91 finishing at the entrance of Meadowwell Cottage.

The course will be well signposted and marshalled.

WARNING: Please take due care travelling through Milnathort and on roundabout.

Please note that you take the left hand fork on A91 to Milnathort at the motorway junction. Going straight on will lead you onto the M90 motorway – which hopefully you know is not a very good idea!

REMINDER

It is now mandatory for all CTT events that front and rear lights must be used for the event and that wearing a helmet is also mandatory.

20 MPH Speed Zone

The event goes through one short section of 20mph speed restricted road. This is for approx. 150 m in Milnathort High Street – riders will be u-turning around the mini roundabout at the end of this section and will be slowing to take this turn. Riders are reminded that the rules of CTT have always required riders to ride safely and OBEY ALL TRAFFIC SIGNS together with the Highway Code and failure to do so is a disciplinary offence and may lead to disqualification.

Detail from Risk Assessment :-

13.57 to 13.66 miles (150 Metres)

20 mph section through Milnathort to Mini Roundabout - Zebra crossing 20 metres before roundabout.

Speed Cushions

Please note there are also Speed Cushions at various locations along the course, details (taken from Risk Assessment):-

On entering Gateside there are speed cushion (3 sets) in road. (These are the type in the middle of each carriageway with room for cyclists to go up either side)

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Thanks

Many thanks to all the volunteers helping today without them the race would not be able to go ahead.