**25 Mile COURSE V235:**

**(V235) START approx. 3.5 miles south of Boroughbridge, in entrance to A168 from old A1 (now long layby) at a point approx. 1 yard before "Clearway" sign. TURN LEFT on to A168, and proceed south to Walshford Traffic Island (4.72 mls).**

**ENCIRCLE ISLAND and retrace north along A168, past start, to Boroughbridge South Traffic Island (12.27 mls)**

**ENCIRCLE ISLAND and retrace south on A168 to Walshford TI (2nd time) (19.86 mls).**

**ENCIRCLE ISLAND and proceed north on A168,**

**FINISH at northern end of crash barrier protecting road direction sign, on west side of road,**

**approx. 150yds south of Arkendale Road (Marton Lane) (25 miles).**

**The A168 is a Clearway – NO PARKING – NO U-TURNS**.

Please note that marshals are only to indicate your direction, and not to control traffic in your favour. At each junction it is your responsibility to ensure that it is safe to proceed. Keep your heads up, and keep to the left of the carriageway.

**Non-Aero event**

For this category here’s what is **not allowed**: (checked with the CTT the week of event)

Road Bike Criteria: the road bike can possess drop or straight handlebars; no tri-bars, clip-on bars or Spinaci bars are allowed; no disc wheels; both front & rear wheels must have at least 12 spokes each; the maximum rim depth allowed is 90mm.

N.B. For the purposes of Regulation 14. For riders riding Road Bikes competitors must predominantly ride holding the drops or brake hoods. Riders may not ride in the "Puppy Paws" Position or simulate a TriBar position by resting the forearms on the handlebars.

**It is compulsory that working front & rear lights, either flashing or constant, are fitted to the machine in a position clearly visible to other road users, and are active whilst the machine is in use.**

**A hard-shell helmet that meets an internationally accepted safety standard must be worn by all competitors for the duration of the event.**

**NO HELMET – NO LIGHTS – NO RIDE!!**

**There is no parking available near the start, or at the finish, except for Officials**.

**EVENT HQ**

**HEADQUARTERS and PARKING** –

is at **The Courtyard Café,**

**Rabbit Hill Business Park, Great North Road, Arkendale, Knaresborough HG5 0FF**

Rabbit Hill is on east side of A168, about 1 mile north of Allerton Park Waste Disposal Plant.

On entering site, parking is on your right, Café is to your left. Numbers and signing-on/signing-out will be located here (outdoors). There are toilets available, but no changing facilities. Although Covid-19 requirements have eased, please be aware that some riders/helpers may wish to continue to follow previous rules

*Promoted for, and on behalf of, Cycling Time Trials, under its Rules & Regulations.*

**YORKSHIRE CYCLING FEDERATION**

**Open 25 miles Time Trial**

**Includes Road Bike/Non-Aero Event**

**To be held Saturday August 12th 2023**

**Course 25-V235**

Allerton Park-A168-Walshford-Boroughbridge

First Rider to start 12.01.

**Event Secretary:** Richard Haigh

75, Hall Ing Lane, Honley, Holmfirth HD9 6QW

**Timekeepers:** George Barker & Phil Hurt.

**AWARDS - 25-mile event**

**Road-bike**

**Men**

1st – fastest £25-00

2nd – fastest £15.00

**Women**

1st – fastest £25-00

**Open event - Men**

1st fastest £25.00

2nd fastest £20.00

3rd fastest £15.00

**Open event - Women**

1st fastest £25.00

2nd fastest £20.00

3rd fastest £15.00

**Std Awards**

1st on standard £20.00

2nd on standard £15.00

One rider one prize (the rider will receive the largest monetary award)

**Don’t forget to return number and SIGN OUT after your ride – REG. 17(b). Failure to do so will result in rider being recorded as a DNF.**

**On returning your bib number, you will receive a voucher for a free tea/coffee in the Café.**

**Anything else must be purchased at your cost.**

**Please support the Café as they are accommodating us:**

**https://www.facebook.com/thecourtyard.rabbithill/**

**ORDER OF START – 1st RIDER AT 12.01**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **No** | **Rider** |  | **Club** | **Cat** | **Vet Adj** | **Off** |
| 1 | Kevin | Humphreys | Sherwood CC | RB-M |  | 12.01 |
| 2 | Ben | Crowther | Harrogate Nova | RB-MJ |  |  |
| 3 | Marjorie | Davison | Ravensthorpe CC | RB-W |  |  |
| 4 | Stephen | Broadley | Otley CC | RB-M |  |  |
| 5 | Anthony | Sedgwick | Calder Clarion | RB-M |  | 12.05 |
| 6 | Samantha | Bissell | Barracuda Tri Club | RB-W |  |  |
| 7 | Howard | Heighton | Ferryhill Whs | RB-M |  |  |
| 8 | Timothy | Lane | Univ of Nottingham | RB-M |  |  |
| 9 | Sarah | Noble | Scarboro Paragon | RB-W |  |  |
| 10 | Joe | House | Drighlington BC | RB-M |  | 12.10 |
| 11 | Tom | Hartwell | University of Leeds | RB-M |  |  |
| 12 | Simon | Butteriss | Ely & District CC | RB-M |  |  |
| 13 | James | Poulsom | Orien CC | RB-M |  |  |
| 14 | Steven | Guymer | Squadra RT | RB-M |  |  |
| 15 | Suzanne | Noon | Queensbury Qs ot M | RB-W |  | 12.15 |
| 16 | Dougi | Hall | Border City Whs | V59 | 04:14 |  |
| 17 | Simon | Richardson | VTTA (Yorks) | V71 | 08:52 |  |
| 18 | David | Hayward | Matlock CC | V78 | 13:02 |  |
| 19 | Vicky | Miller | Cleveland Coureurs | W55 | 09:42 |  |
| 20 | Ian | Hampton | Clifton CC York | V69 | 07:55 | 12.20 |
| 21 | Steven | Clarkson | Harrogate Nova | V65 | 06:15 |  |
| 22 | John Eric | Porter | VTTA (Yorks) | V69 | 07:55 |  |
| 23 | Mike | Cole | Huddersfield RC | V78 | 13:02 |  |
| 24 | Sophie | Heighton | Ferryhill Whs | WJ |  |  |
| 25 | Michael | Youngson | Yorkshire RC | V58 | 03:56 | 12.25 |
| 26 | Richard | Belk | Kent Valley RC | V72 | 09:23 |  |
| 27 | Richard | Guymer | Hull Thursday RC | V65 | 06:15 |  |
| 28 | Paul | Dawson | VTTA (North) | V62 | 05:11 |  |
| 29 | John | Tiffany | Harrogate Nova | V80 | 14:31 |  |
| 30 | Mark | Walker | Velo Sport Racing | S |  | 12.30 |
| 31 | Mark | Burtonshaw | Harrogate Nova | V65 | 06:15 |  |
| 32 | Michael | Lamb | Kiveton Park CC | V54 | 02:52 |  |
| 33 | Sandra | Burrows | Vive le Velo | W57 | 10:18 |  |
| 34 | Allen | Bell | Yorkshire RC | V77 | 12:20 |  |
| 35 | Steve | Gibson | Peak Road Club | V56 | 03:23 | 12.35 |
| 36 | Michael | Watson | Clifton CC York | S |  |  |
| 37 | Duncan | Smart | Scarboro Paragon | V55 | 03:07 |  |
| 38 | Paul | Brierley | Huddersfield RC | V56 | 03:23 |  |
| 39 | Rebecca | Mason | York Cycleworks | W |  |  |
| 40 | Toby | Simpson | Fietsen Tempo | Jun |  | 12.40 |
| 41 | Peter | Down | Tickhill Velo Club | V47 | 01:19 |  |
| 42 | Beth | Grogan | Selby CC | W |  |  |
| 43 | Michael | Clark | Team Wheelguru | V53 | 02:37 |  |
| 44 | Peter | Macklam | Yorkshire RC | V80 | 14:31 |  |
| 45 | Abi | Smith | Moonglu CC | W |  | 12.45 |
| 46 | Simon | Ward | Scarboro Paragon | V50 | 01:56 |  |
| 47 | Ian | Swinscoe | Moonglu CC | V54 | 02:52 |  |
| 48 | Steve | Lee | Team Wheelguru | V51 | 02:10 |  |
| 49 | David | Hird | Hambleton RC | V47 | 01:19 |  |
| 50 | Joseph | Turnbull | Harrogate Nova | Jun |  | 12.50 |
| 51 | Adrian | Stott | Yorkshire RC | V49 | 01:43 |  |
| 52 | Michael | Cain | Team Wheelguru | V47 | 01:19 |  |
| 53 | Martin | Hailstone | Addform Vive le Velo | V54 | 02:52 |  |
| 54 | Alasdair | Bruce | Yorkshire RC | V66 | 06:38 |  |
| 55 | Matthew | Asquith | Otley CC | V49 | 01:43 | 12.55 |
| 56 | David | Leckenby | Addform Vive le Velo | V59 | 04:14 |  |
| 57 | Ella | Jamieson | Team Bottrill | WJ |  |  |
| 58 | Andy | Whitehead | Rockingham CC | V57 | 03:39 |  |
| 59 | David | Taylor | Huddersfield RC | V68 | 07:28 |  |
| 60 | Calum | Gibb | Deeside Thistle CC | S |  | 13.00 |
| 61 | Russ | Richardson | Zurbaran Racing | V66 | 06:38 |  |
| 62 | Steven | Forrest | Fogartys Insurance | V52 | 02:23 |  |
| 63 | James | Meadows | Cleveland Whs | S |  |  |
| 64 | Mark | Wolstenholme | VTTA (Yorks) | V45 | 00:55 | 13.04 |

**Please note that the Café closes at 16:00, so later starters please return your number/sign-out and collect your drink as soon as possible.**

There is adequate parking at the headquarters

Do not park in the long-lay-by on the east side of the A168, adjacent to the start, it is now private property. There are other lay-bys/parking spaces on the A168 but remember that the A168 is a clearway

**This event is a counting event for the YCF points competition points after 7 events**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Pos | Rider | Club | Qualifying rides | Points |
| Men | | | | |
| 1 | Matthew Asquith | Otley CC | 6 | 714 |
| 2 | David Taylor | Huddersfield RC | 6 | 680 |
| 3 | Mike Cole | Huddersfield RC | 6 | 632 |
| 4 | Adrian Scott | Yorkshire RC | 4 | 455 |
| 5 | Andy Whitehead | Rockingham CC | 4 | 451 |
| 6 | Will Trevor | City RC (Hull) | 4 | 447 |
| 7 | David Lane | Ravensthorpe CC | 4 | 431 |
| 8 | Peter Macklam | Yorkshire RC | 4 | 404 |
| 9 | Mark Wolstenholme | VTTA Yorkshire | 3 | 360 |
| 10 | Alasdair Bruce | Yorkshire RC | 3 | 338 |
| 11 | Michael Youngson | Yorkshire RC | 3 | 334 |
| 12 | Paul Brierley | Huddersfield RC | 3 | 330 |
|  |  | Women |  |  |
| 1 | Sandra Burrows | Vive le Velo | 5 | 431 |
| 2 | Gretchen Zoeller | VTTA Yorkshire | 3 | 359 |
| 3= | Suzanne Noon | Queensbury QoM | 1 | 120 |
| 3= | Beth Grogan | Selby CC | 1 | 120 |
| 3= | Helen Goldthorpe | Otley CC | 1 | 120 |