

ECCA Festival Go-Ride Event Monday 1st May 2017

Come and join us for a variety of fun skills challenges and competitions for those aged 16 years and under.

Bring your helmet and your bike (suitable for riding on grass)

Signing on from 11am

Email gwen@essexroads.com for more details.

High Easter Village Hall
Playing Fields
The Street
Chelmsford
Essex
CM1 4QS



Events running throughout,
from 11am till 2pm
(approx.)



40th

Annual Festival 2017

Saturday 29th April, Sunday 30th April
and Monday 1st May

Promoted by the
EASTERN COUNTIES CYCLING ASSOCIATION
www.EasternCounties.org.uk



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Citygate House
R/o 197-199 Baddow Road, Chelmsford, Essex CM2 7PZ

Redbridge Cycling Centre

Saturday 29th April

Hog Hill Circuit Race Championships

Run under the Technical Regulations of British Cycling

Youth U10 Boys and Youth U10 Girls — 9.30 — Entry £6

Youth U8 Boys and Youth U8 Girls — 9.30 — Entry £6

Youth U12 Boys and U12 Girls — 9.50 — Entry £6

Youth U14 Boys — 10.15 — Entry £8

Youth U16 Girls — 11.00 — Entry £8

Youth U14 Girls — 11.00 — Entry £8

Youth U16 Boys — 11.45 — Entry £8

Juniors — Regional Junior only — 1st, 2nd, 3rd, 4th — 11.45 — Entry £10

Entries close 22nd April + entry on the line £2 extra

Organizer: Bob Griffiths Telephone: 01708 550738

135km Festival Road Race

For Elite, 1st, 2nd and 3rd Category Riders

Incorporating the ECCA Senior Championship (for ECCA members only)

Held under British Cycling Technical Rules

Sunday 30th April 2017 — Starting at 8.30 am

Event headquarters:

Hatfield Heath Village Hall, Chelmsford Rd, Hatfield Heath CM22 7EA

Headquarters opens at 7.00 am, parking at headquarters and adjacent school

Event organizer:

Leonard Gordon, 7 Cambridge Close, Basildon, Essex SS16 6UE

email: lengordon55@gmail.com telephone: 07807 839204

Course Details

Left out of headquarters onto A1060, immediately right on to B183 (M) immediately right again (M) to START of course. Continue on B183, going over the mini roundabout and proceed to turn left at Gilden Way Harlow roundabout and left again on to Moor Hall Road (M). Continue straight as Moor Hall Road becomes Matching Road and then Harlow Road. Proceed through Matching Tye, following the road around two sharp corners about half mile after Matching Tye (M). Continue on to Matching Green to turn left on Downhall Road (M) towards Hatfield Heath. Follow the road to turn left onto B183 (M), in Hatfield Heath, to complete circuit. Continue for 7½ more laps to complete 135km (84 miles). FINISH on motorway bridge over the M11 in Matching Road.

Counties Festival Map Reading Competition 2017

Sunday 30th April — Starting at 10.00 am

Pairs count for Festival Points, also open for solo riders.

Entry £5 per rider, £10 per team at start.

Event organizers: Janice and Ken McDonald — Eagle Road Club

Event headquarters:

**Hatfield Heath Village Hall,
The Heath, Hatfield Heath, Bishop's Stortford, Herts CM22 7EA**

PRIZES

The event is open to all. Teams of two riders, on cycles or tandem, are eligible for the following prizes:

1st Team of two: Two vouchers value £15 each

2nd Team of two: Two vouchers value £10 each

3rd Team of two: Two vouchers value £5 each

The competition is based on the Ordnance Survey Landranger Map 167 of Chelmsford, Harlow and Bishop's Stortford (Crown Copyright 2012 or later).

The Counties Festival weekend always includes a map reading competition. This year it will be on Sunday, 30th April, starting from Hatfield Heath village hall at 10am.

The contest is for teams of two (not necessarily from the same club), on cycles or tandem. It will be based on Ordnance Survey Map 167, the Crown copyright 2012 edition or later.

Entry fee is £10 per team, with entries taken at the start. All finishers will earn points for their club in the Festival team competition.

No previous experience is necessary. Competitors have to plot a route from a variety of clues, cycle the route of around 20 miles, answering as many questions as possible, and return to the hall by 2pm. The organisers try to make the route and clues varied and interesting so that everyone from novice to old hand can enjoy the ride.

As well as the right map, competitors will need a pen or pencil and might find all or any of the following of use — eraser, ruler and a pair of compasses (as used for drawing circles). It will help greatly to be familiar with Grid References and Ordnance Survey map symbols — all of which are explained on the map. To speed up plotting of Grid References, bring a piece of card marked off in tenths of a kilometre across and down the card, starting from the top right corner.

Organisers Janice and Ken McDonald from Eagle Road Club, would be happy to give advice to anyone thinking of riding for the first time, and can be contacted on 01279 813226 or teskey@btinternet.com.

NETTAPRISE

for all your event catering

Contact:

Lynnette Plumb

telephone: 01376 552985 mobile: 07782 111318

email: netta25@tiscali.co.uk

Previous Festival Winners

Year	Club	Points
1978	= Hainault RC & Redbridge CC	150
1979	Hainault RC	190
1980	Elite CC	180
1981	Isle of Man CC	300
1982	Redbridge CC	355
1983	Redbridge CC	378
1984	Redbridge CC	335
1985	Bishop's Stortford CC	315
1986	Leo RC	383
1987	Southend & County Wheelers	387.5
1988	Southend & County Wheelers	455
1989	Southend & County Wheelers	440
1990	Southend & County Wheelers	390
1991	Southend & County Wheelers	365
1992	Southend & County Wheelers	380
1993	Southend & County Wheelers	405
1994	Leo RC	335
1995	Chelmer CC	535
1996	Chelmer CC	450
1997	APi Resprays/Specialized	330
1998	APi Resprays/Specialized	385
1999	APi Resprays/Specialized	515
2000	APi Resprays/Specialized	520
2001	APiBikes.com	579
2002	APiBikes.com	561
2003	APiBikes.com	608
2004	Team Economic Energy	553
2005	Team Economic Energy	656
2006	API-Metrow	617
2007	API-Metrow	430
2008	Chelmer CC	430
2009	Cambridge CC	654
2010	East London Velo	628
2011	Eagle RC	504.5
2012	Eagle RC	580
2013	Chelmer CC	299.5
2014	Essex Roads CC	405
2015	Southend Wheelers	269
2016	Southend Wheelers	312

Festival 25 mile Time Trial

Solos, Tandem and 2-up TTT

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Sunday 30th April 2017

Course E6/25 — Starting at 2:00 pm

Timekeepers:

John Cottee and George Potter

Event headquarters:

Hatfield Heath Village Hall,

The Heath, Hatfield Heath, Bishop's Stortford, Herts CM22 7EA

EXTRA PARKING: adjacent to hall at Hatfield Heath Primary School

Event Secretary:

David Nock, 81 Woodhall Road, Chelmsford, Essex CM1 4AF Tel: 07939 695523

AWARDS:

Scratch & Handicap: First: 2" Boxed Medal. Second ECCA Medal

First Team: ECCA Medals — First Lady: ECCA Medal

NB: Riders winning four or more ECCA medals in a season will be awarded a plaque rather than the individual medals.

This event has been handicapped by the Event Secretary using the CTT Standardised Handicapping System.

All improvements must be notified to the Event Secretary

COURSE DETAILS E6/25

START at paint mark in Sawbridgeworth road adjacent (east of) motorway bridge, one mile from Hatfield Heath village hall. Proceed towards and through Hatfield Heath and continue on A1060 through White Roding to Leaden Roding (6.2m), right at mini roundabout (**M**) (keep to the left of marked circle) and follow A1060 to roundabout at Lordship Road where TURN (**M**) (Care) (13.2m) and retrace outward route to Hatfield Heath and FINISH past Church and 3 yards after corner of Green (25.0m)

Note: Cars cannot be parked on green now due to bollards all around but can be parked opposite.

LONDON EAST LOCAL REGULATIONS

4.5 No parking at start or finish, or on adjacent verges.

4.8.2 No U-turns allowed within sight of start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and further disciplinary action by the District Committee.

4.8.3 Body numbers at HQ after signing-on. Swap for a free cuppa after race.

4.8.4 No static trainers. Use of static trainers is banned in respect of consideration for local residents.

NOTES TO RIDERS

The On-The-Day Risk Assessment along with any instructions to riders will be displayed at Signing-on desk. Please read and follow any such instructions.

IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard. In accordance with Regulation 15 ALL JUNIOR COMPETITORS MUST WEAR Protective Hard Shell Helmets.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

No	Name	Club	Cat	H/cap	Start
2 UP TTT					
1	Katie Ann Elliston	Southend Wheelers	JW		2.01
2	Barry Simpson	Southend Wheelers	V		
3	Dan Carter	Essex Roads C.C.	V		2.03
4	Gill Carter	Essex Roads C.C.	VW		
TANDEM					
5	Paul O Kelly	Redbridge C.C.	V		2.05
	Alison Wood	Redbridge C.C.	VW		
SOLOS					
9	Mark Freeman	Lea Valley C.C.	V	25.54	2.09
10	Paul Lilley	Fenland Clarion C.C.	V	7.50	2.10
11	Damien Foy	Eagle R.C.	V	10.40	2.11
12	Chris Smith	Southend Wheelers	S	13.34	2.12
13	David Carey	Maldon & District C.C.	V	17.01	2.13
14	Antonio Paolino	Essex Roads C.C.	V	21.42	2.14
15	Julia Freeman	Easterley R.C.	VW	9.53	2.15
16	Lea Marshall	Essex Roads C.C.	VW	12.57*	2.16
17	Carl Stephens	Basildon C.C.	V	16.13	2.17
18	Andrew Shaw	Essex Roads C.C.	V	18.45	2.18
19	Phil Bailey	Basildon C.C.	V	25.12	2.19
20	Dave Pennington	Southend Wheelers	S	7.01	2.20
21	Graham Hurrell	Basildon C.C.	V	10.31	2.21
22	Anton Blackie	Rapha C.C.	S	13.29	2.22
23	Peter Stiff	Southend Wheelers	V	16.34	2.23
24	Patrick Osborne	Becontree Wheelers C.C.	V	19.30	2.24
25	Alex Lubbock	API Metrow	E	8.31	2.25
26	Barry Holderness	Essex Roads C.C.	V	12.57*	2.26
27	Adam Bishop	Lea Valley C.C.	V	14.36	2.27
28	Samuel Thienel	Shaftesbury C.C.	S	17.18	2.28
29	Doug Thomson	Basildon C.C.	V	24.02	2.29
30	Terry Garlinge	East London Velo	V	6.11	2.30
31	Mary Bower	Momentum Cycles R.C.	W	10.03	2.31
32	Jamie Maidment	Southend Wheelers	S	13.20	2.32
33	Paul Ruffy	Essex Roads C.C.	S	16.43	2.33
34	James Morris	Lea Valley C.C.	S	19.20	2.34
35	Sam Wightman	Chelmer C.C.	S	8.00	2.35
36	Richard Kemp	Redbridge C.C.	V	11.12	2.36
37	Adam Hardy	Crest C.C.	S	14.17	2.37
38	Denise Kemp	Southend Wheelers	VW	17.02	2.38
39	John Witchell	Hainault R.C.	V	21.47	2.39
40	Rob Young	Team Vision Racing	V	3.15	2.40

**Riders receive 1/2 maximum handicap*

Festival 14 mile Time Trial

Solos and Gentlemen's 2-up TTT

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Monday 1st May 2017

Course E92/14 — Starting at 08:00 am

Timekeepers:

John Cottee and George Potter

Event headquarters:

High Easter Village Hall, The Street, High Easter CM1 4QS

Event Secretary:

David Nock, 81 Woodhall Road, Chelmsford, Essex CM1 4AF Tel: 07939 695523

AWARDS: Scratch & Handicap

First: 2" Boxed Medal — First Team: ECCA Medals

NB: Riders winning four or more ECCA medals in a season will be awarded a plaque rather than the individual medals.

This event has been handicapped by the Event Secretary using the CTT Standardised Handicapping System.

All improvements must be notified to the Event Secretary

COURSE DETAILS E92/14

START by brown wooden building approx 50 yards the Little Waltham side of the 30 mph de-restriction signs on exit from Pleshey. Continue towards Howe Street where bear left at grass triangle (**M**) then immediately left at 'T' junction. Continue to join B1008 by going straight on at roundabout (**M**). Proceed to Barnston where Left at mini roundabout (**M**) into High Easter Road. Left at 'T' junction at High Easter. Proceed to turn left into Bury Road, towards Pleshey to FINISH at 30 mph signs entering Village (13.63m).

LONDON EAST LOCAL REGULATIONS

4.5 No parking at start or finish, or on adjacent verges.

4.8.2 No U-turns allowed within sight of start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and further disciplinary action by the District Committee.

4.8.3 Body numbers at HQ after signing-on. Swap for a free cuppa after race.

4.8.4 No static trainers. Use of static trainers is banned in respect of consideration for local residents.

NOTES TO RIDERS

The On-The-Day Risk Assessment along with any instructions to riders will be displayed at Signing-on desk. Please read and follow any such instructions.

IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard. In accordance with Regulation 15 ALL JUNIOR COMPETITORS MUST WEAR Protective Hard Shell Helmets.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

No	Name	Club	Cat	H/cap	Start
2 UP TTT					
1	Jan Harvey	Southend Wheelers	VW		8.01
2	Denise Kemp	Southend Wheelers	VW		
3	Dave McCarthy	Lea Valley C.C.	V		8.03
4	Mark Freeman	Lea Valley C.C.	V		
5	Graham Painter	Chelmer C.C.	V		8.05
6	Antony Stapleton	Chelmer C.C.	V		

SOLOS

10	Matthew Saunders	Team Vision Racing	S	4.07	8,10
11	Anton Blackie	Rapha C.C.	S	4,40	8.11
12	Jamie Maidment	Southend Wheelers	S	5.28	8.12
13	David Carey	Maldon & District C.C.	V	7.55	8.13
14	Arthur Knowler	Southend Wheelers	V	9.58	8.14
15	Richard Parrotte	Shaftesbury C.C.	V	3.44	8.15
16	Chris Smith	Southend Wheelers	S	5.42	8.16
17	Matt Haigh	Essex Roads C.C.	V	4.28	8.17
18	Terry Butcher	Southend Wheelers	V	8.39	8.18
19	Graham Lee	Essex Roads C.C.	V	12.12	8.19
20	Dave Pennington	Southend Wheelers	S	3.53	8,20
21	Paul Donegan	Chelmer C.C.	V	4.48	8.21
22	Adrian Tovey	Maldon & District C.C.	V	5.26	8.22
23	Peter Stiff	Southend Wheelers	V	6.01	8.23
24	Lea Marshall	Essex Roads C.C.	VW	8.39	8.24
25	Rob Young	Team Vision Racing	V	2,20	8.25

The Counties Festival Open Randonnées

Monday 1st May

110 km starting 10.00 am, 53 km starting 11.00 am

Entry details in Audax magazine or www.aukweb.net

Event organizer:

Chris Regan, 58 Bramwoods Road, Chelmsford CM2 7LT

Event headquarters:

High Easter Village Hall, The Street, High Easter CM1 4QS

Festival 7 km Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Monday 1st May 2017

Course E92/7km — Starting at 11:30 am

Timekeepers:

Trevor Pedley and Antony Brown

Event headquarters:

High Easter Village Hall, The Street, High Easter CM1 4QS

Event Secretary:

George Boden, The Old School House, School Lane, High Easter CM1 4QP

Tel: 07836 550074

AWARDS

1st Fastest — ECCA Medal. 2nd Fastest — ECCA Medal. First Team: ECCA Medals.

1st Lady — ECCA Medal.

NB: Riders winning four or more ECCA medals in a season will be awarded a plaque rather than the individual medals.

COURSE DETAILS E92/5

START at concreted field entrance adjacent to TP5, 100 yards east of entrance to High Easter village hall. Proceed east to fork left (**M**) into road signposted "Barnston", bear right at next junction (**M**) and left at next (**M**). Turn left (**M**) at next junction signposted "High Roding". Proceed to turn left (**M**) at "T" junction signposted "High Easter" to FINISH opposite footpath finger post on west side of road (adjacent to group of 3 gateways). Total distance 6.9km.

LONDON EAST LOCAL REGULATIONS

4.5 No parking at start or finish, or on adjacent verges.

4.8.2 No U-turns allowed within sight of start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and further disciplinary action by the District Committee.

4.8.3 Body numbers at HQ after signing-on, and can be exchanged for a free cup of tea after the event.

4.8.4 No static trainers. Use of static trainers is banned in respect of consideration for local residents.

NOTES TO RIDERS

The On-The-Day Risk Assessment along with any instructions to riders will be displayed at Signing-on desk. Please read and follow any such instructions.

Mrs Boden has asked me to remind all competitors to respect the flowerbeds around the Village Hall headquarters as these are her responsibility.

Please take care during your ride, as the circuit has many pot holes and the road is crumbling at the edges.

IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard. In accordance with Regulation 15 **ALL JUNIOR COMPETITORS MUST WEAR Protective Hard Shell Helmets.**

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

No	Name	Club	Cat	Start
1	Barry Simpson	Southend Wheelers	V	11.31
2	Antonio Paolino	Essex Roads C.C.	V	11.32
3	Arthur Knowler	Southend Wheelers	V	11.33
4	Robert Beer	Chelmer C.C.	V	11.34
5	David Pennington	Southend Wheelers	S	11.35
6	Peter Stiff	Southend Wheelers	V	11.36
7	Gill Carter	Essex Roads C.C.	FV	11.37
8	John Gretton	Southend Wheelers	V	11.38
9	Graham Lee	Essex Roads C.C.	V	11.39
10	Matt Haigh	Essex Roads C.C.	V	11.40
11	Christopher Smith	Southend Wheelers	S	11.41
12	Hugh Williams	Redbridge C.C.	V	11.42
13	Terry Butcher	Southend Wheelers	V	11.43
14	Aidan Kerrigan	Lee Valley Youth C.C.	Juv	11.44
15	Gray Turnock	Finsbury Park C.C.	V	11.45
16	Jamie Maidment	Southend Wheelers	S	11.46
17	Alison Wood	Redbridge C.C.	FV	11.47
18	Jan Harvey	Southend Wheelers	FV	11.48
19	Christopher Smith	Southend Wheelers	V	11.49
20	Daniel Northover	Finsbury Park C.C.	V	11.50
21	Brian Martin	Ciclos Uno	V	11.51
22	Matt Southerden	Finsbury Park C.C.	S	11.52
23	Simon Constable	Basildon C.C.	S	11.53

Festival 10 mile Time Trial

Solos, Tandems and 2-up TTT

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Monday 1st May 2017

Course E91/10 — Starting at 2:30 pm

Timekeepers:

John Cottee and Vince Freeley

Event headquarters:

High Easter Village Hall, The Street, High Easter CM1 4QS

Event Secretary:

Gray Turnock, 55 Lancaster Road, London N4 4PL Tel: 07948 981202

AWARDS

Scratch and Handicap: 1st 2" Boxed Medal, 2nd Gilt Medal, 3rd and 4th ECCA Medals.

First Lady: ECCA Medal. First Team: ECCA Medals.

NB: Riders winning four or more ECCA medals in a season will be awarded a plaque rather than the individual medals.

This event has been handicapped by the Event Secretary using the CTT Standardised Handicapping System.

All improvements must be notified to the Event Secretary

COURSE DETAILS E91/10

START on B184, Leaden Roding, at paint mark by 3rd kerb joint before surface drain at northern end of lay-by at entrance to school. Proceed through Aythorpe Roding to turn at roundabout (M) at junction with Clopton Hall Lane (5.5m). Retrace to FINISH opposite EP20. EP is behind hedge in field, which is 15 kerb joints north of speed restriction sign for Aythorpe Roding Village.

LONDON EAST LOCAL REGULATIONS

1 Competitors are not allowed to warm up on the B184 between Aythorpe Roding village hall and Great Dunmow prior to or during the event, or any part of the designated course once the event has started.

2 No 'U' turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT District Committee.

3 No parking at either the start or finish points, other than the timekeepers car.

4 Body numbers will be available at the event headquarters and may be exchanged for a drink afterwards.

RIDERS BRIEFING NOTICE

Competitors must clearly indicate their intention before entering the roundabout at Clopton Hall Lane and must give way to traffic from the right, also take care on exit from the roundabout.

Riders should take extra care through High Roding village, allowing for parked cars and domestic driveway exits.

IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard. In accordance with Regulation 15 **ALL JUNIOR COMPETITORS MUST WEAR** Protective Hard Shell Helmets.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

No.	Name	Club	Status	H'cap	Start
TANDEM					
1	Christopher York	Maldon & District CC			
2	Joanne York	Maldon & District CC			14.32
2 UP TTT					
3	Alex Galloway	Lea Valley CC			
4	Neil Davies	Lea Valley CC			14.34
5	Paul Hirst	Shaftesbury CC			
6	Gary Jackson	Shaftesbury CC			14.36
SOLOS					
7	Neal Marrin	Finsbury Park CC	v	6.50	14.37
8	James Morris	Lea Valley CC	s	8.28	14.38
9	Peter Clark	Essex Roads CC	v		14.39
10	Gray Turnock	Finsbury Park CC	v	2.36	14.40
11	Paul Donegan	Chelmer CC	v	4.48	14.41
12	Kevin Gill	Ciclos Uno	v	5.48	14.42
13	Brian Martin	Ciclos Uno	v	7.24	14.43
14	Chris West	Lea Valley CC	v	9.07	14.44
15	David Warlow	Essex Roads CC	v	4.04	14.45
16	Graham Hurrell	Basildon CC	v	5.21	14.46
17	Paul Ruffy	Essex Roads CC	s	6.39	14.47
18	Gill Carter	Essex Roads CC	wv	8.02	14.48
19	Stuart Jago	Essex Roads CC	v		14.49
20	Matt Meek	West Suffolk Whs & Tri Club	s	3.31	14.50
21	David Pennington	Southend Wheelers	s	4.40	14.51
22	Ian Musselwhite	Basildon CC	s	5.47	14.52
23	Barry Robertson	Glendene CC	v	7.22	14.53
24	John Gretton	Southend Wheelers	v	9.03	14.54
25	Sam Wightman	Chelmer CC	s	4.03	14.55
26	Adam Hardy	Crest CC	s	5.19	14.56
27	Barry Simpson	Southend Wheelers	v	6.37	14.57
28	Keith Dalton	Ford CC	v	7.55	14.58
29	Graham Lee	Essex Roads CC	v	12.12	14.59
30	Dean Lubin	Team Vision Racing	v	3.24	15.00
31	Peter Tibbitts	Ford CC	v	4.39	15.01
32	Christopher Smith	Southend Wheelers	s	5.42	15.02
33	Dan Carter	Essex Roads CC	v	7.20	15.03
34	Terry Butcher	Southend Wheelers	v	8.39	15.04
35	Andy Sewell	Aspire Velo Racing Team	s	3.48	15.05

No.	Name	Club	Status	H'cap	Start
36	Rehman Haroon	Chelmer CC	s	5.17	15.06
37	Denise Kemp	Southend Wheelers	wv	6.35	15.07
38	Antonio Paolino	Essex Roads CC	v	7.54	15.08
39	Christopher Smith	Southend Wheelers	v	8.09	15.09
40	Murat Ozdenya	Team Vision Racing	v	3.16	15.10
41	Alex Lubbock	API-Metrow	s	4.31	15.11
42	Jamie Maidment	Southend Wheelers	s	5.28	15.12
43	Cheryl Smith	Finsbury Park CC	wv	7.05	15.13
44	Lea Marshall	Essex Roads CC	wv	8.39	15.14
45	Jerome Watts	East London Velo	v	3.44	15.15
46	Mary Bower	Momentum Cycles RC	ws	4.53	15.16
47	Simon Constable	Basildon CC	s	6.17	15.17
48	John Witchell	Hainault RC	v	7.34	15.18
49	Hugh Williams	Redbridge CC	v	11.30	15.19
50	David Veitch	Lea Valley CC	s	2.55	15.20
51	Matt Haigh	Essex Roads CC	v	4.28	15.21
52	Alan Harvey	Finsbury Park CC	v	5.26	15.22
53	Nick Watt	Essex Roads CC	v	6.57	15.23
54	Kevin Orrin	Chelmer CC	v	8.30	15.24
55	Julia Freeman	Easterley Road Club	wv	3.52	15.25
56	Lee Wingate	Glendene CC	v	4.53	15.26
57	Peter Stiff	Southend Wheelers	v	6.01	15.27
58	Alison Wood	Redbridge CC	wv	7.34	15.28
59	Trudy Sharam	Lea Valley CC	wv	9.55	15.29
60	Terry Garlinge	East London Velo	v	2.49	15.30
61	Bede Geoghegan Hart	Hub Velo	j	4.08	15.31

NOTES