



CTT Transgender Policy | Guidance for Competitors

14 June 2023

The Board of CTT has announced a new policy for transgender riders which applies from today. The full details will be available on CTT's website but the essential elements are that (a) transgender woman (those who have changed from male to female) will not be allowed to race in the female category, (b) CTT's gender categories will named Open and Female (c) all transgender and non-binary persons will have to race in the Open Category.

This decision has been made in the interest of fairness for other competitors riding as females.

Although the policy will be effective from the date of its announcement, we do not expect all the necessary nomenclature changes to be made straightaway. Event start sheets/results sheets and CTT's own website may continue to use the Male/Female terms for some time until it is possible to adapt the CTT's software and for organisers to make the change. We are not expecting all communications to fully adopt the Open/Female headings until next season.

In the past a number of transgender women were given permission to ride as females and those permissions have now been revoked. CTT is aware of the individuals concerned and will monitor entries made on its systems.

For "season long" competitions all past results will stand but rides after today will be recorded under the new policy.

CTT is not only run overwhelmingly by volunteers but also operates on the basis of trust. Riders will not be asked to prove they are the gender they say they are unless they wish to ride in a gender different from that they were assigned at birth.

For that very small number of riders a body, probably called a Gender Tribunal, will be set up to give sympathetic advice and to implement the policy of CTT - necessarily keeping the personal information obtained strictly confidential.

The formal policy of CTT is that is that Riders competing as females must fulfil all of the following requirements:-

1. Their sex assigned at birth must be female, and
2. They must not have undergone any part of male puberty, and
3. Their testosterone serum level must be below 2.5 nmol/L if tested.

The entity appointed by the Board to decide gender eligibility issues and give guidance shall have power to grant an exemption from the first requirement but not the second or third.

The Board will be introducing changes to the Disciplinary Regulations to make it clear that when entering an event or registering on CTT's website for the first time a rider is obliged to enter the gender category of either Open or Female in accordance with the new policy.

CTT expects to give more detail about the implementation of its new policy in the next few months.

It goes without saying that CTT welcomes transgender and non-binary individuals who wish to ride in time trials, in the Open Category. CTT also welcomes transgender and non-binary individuals who

take part in running events, in whatever capacity, and those who participate in the democratic structure of CTT at whatever level.