



East Sussex Cycling Association

2023 President Peter Moon – Eastbourne Rovers CC



ESCA Time Trials and Competitions in 2023

2023 ESCA Time Trial Programme

Sun 12 March	15.06 m	GS/895	Hard Riders & Hill Prime
Sun 26 March	10 m	G10/87	
Sat 22 April	10 m	G10/87	
Sun 23 April	25 m	G25/89	*** Cancelled due to "biblical" rain
Sun 4 June	50 m	G50/90	
Sun 2 July	25 m	G25/89	*** Southborough & DW's Open
Sun 30 July	100 m	G100/861	
Sat 9 September	10 m	G10/87	
Sun 10 September	25 m	G25/89	
Sat 14 October	1433 yard	GH/84	Hill Climb

*** Southborough & District Wheelers Open 25 on Sunday 2 July has been designated as an ESCA competition qualifying event due to the cancellation of ESCA's April 25.

All ESCA events are Open TTs for members of CTT affiliated clubs and are entered online via the CTT website: www.cyclingtimetrials.org.uk

Association competitions are for CTT first claim members of clubs affiliated to East Sussex CA. All nine ESCA events are included in the individual, ladies and club points competition.

ESCA has three headline Best All Rounder competitions:

Long distance BAR for riders who complete 25, 50 and 100 mile TTs in any ESCA event this season.

Short distance BAR for riders who complete 10, 25 and 50 mile TTs in any ESCA event this season.

Junior BAR for juniors who complete 10 and 25 mile TTs in any ESCA event this season.

There are several BBAR competitions, check out: <https://www.cyclingtimetrials.org.uk/articles/view/21>

British Best All Rounder [BBAR]

The BBAR competition is a national event aimed at finding the time-trialists who can claim to be the best over a range of distances. However, all riders who attain the appropriate standard are recognised.

National Men's BBAR 2 distance competition over 100 and 50 miles 145 in 2022 & 4 teams

National Women's BBAR 2 distance competition over 50 and 25 miles 92 in 2022 & 4 teams

Check out the CTT web site for the times and av. speed of the 145 riders in the Men's 2 distance BBAR Competitions > BBAR > BBAR Results then Filter on BBAR Tables 'Man' '2 Distance' '2022' to see the 145

Please note that the ESCA 100 is one of only eleven 100 mile TTs in GB this year.

Last season ESCA's 100 was one of only 10 of the scheduled 14 off 100 mile TTs that went ahead. Riders used it as a qualifying event for a number of Best All Rounder competitions: local and national BBAR and VTTA competitions. Check out Sussex CA, Surrey-Sussex VTTA, Kent CA, Kent VTTA and individual club BAR competitions, and possibly more. Note that the KCA 100 on 3 September 2023 has been cancelled

2023 ESCA Best All Rounder Competitions & Rules

Senior Best All Rounder:

Contested over 25, 50 and 100 miles in any ESCA event this season. Based on an average mph from the best performance at each distance. Senior Team Based on the average mph of the best three Senior BAR qualifiers from an ESCA affiliated club. For 2023 the SDW Open 25 on 2 July is an ESCA qualifying event.

Lady Senior Best All Rounder:

Contested over 10, 25 and 50 miles in any ESCA event this season. Based on an average mph from the best performance at each distance. For 2023 the SDW Open 25 on 2 July is an ESCA qualifying event.

Junior Best All Rounder:

Contested over 10 and 25 miles in any ESCA event this season. Based on an average mph from the best performance at each distance. For 2023 the SDW Open 25 on 2 July is an ESCA qualifying event.

Long Distance ESCA Best All Rounder Table:

Produced to recognise all riders who complete a 25, 50 and 100 mile TTs in any ESCA event this season. For 2023 the SDW Open 25 on 2 July is an ESCA qualifying event.

Short Distance ESCA Best All Rounder Table [new in 2022]:

Produced to recognise all riders who complete 10, 25 and 50 mile TTs in any ESCA event this season. For 2023 the SDW Open 25 on 2 July is an ESCA qualifying event.

2023 ESCA Points Competition & Rules

Individual Points:

Points are awarded to any individual first claim rider from an ESCA affiliated club in each qualifying event: 30 points for first place down to 1 point for 30th place

Ladies Individual Points:

Points are awarded to any individual first claim female rider from an ESCA affiliated club in each qualifying event: 10 points for first place down to 1 point for 10th place

Club Points:

Points are awarded to any club affiliated to ESCA based on the performance of its individual first claim members in each qualifying event. The individual points earned by each first claim rider are totalled and awarded to their respective club:

30 points for first place down to 1 point for 30th place

2023 ESCA Trophies

With the exception of the Brian Phillips Trophy, donated by East Grinstead CC in memory of their teammate Brian Phillips, which applies to the September 25, all other 10 and 25 mile trophies are awarded for the best performance at either the March, April or September events. For 2023 the SDW Open 25 on 2 July is an ESCA qualifying event.

Hard Riders Page Tankard	Fastest ESCA rider in the ESCA Hard Riders
Ladies 10 mile Cup	Fastest ESCA lady rider in any of the three ESCA 10s
Junior 10 mile Cup	Fastest ESCA junior rider in any of the three ESCA 10s
10 mile Team Shield	Fastest ESCA team of 3 riders in the any of the three ESCA 10s
Brian Phillips Trophy	Overall winner of the Open event in the ESCA September 25
60 minute Cup	Fastest ESCA rider in the either ESCA qualifying 25
Ladies 25 mile Cup	Fastest ESCA lady rider in the either qualifying ESCA 25
Junior 25 mile Cup	Fastest ESCA junior rider in the either qualifying ESCA 25
25 mile Rosemary Shield	Fastest ESCA team of 3 riders in the either qualifying ESCA 25
50 mile Cup	Fastest ESCA rider in the ESCA 50
Ladies 50 mile Cup	Fastest ESCA lady rider in the ESCA 50
50 mile Team Trophy	Fastest ESCA team of three riders in the ESCA 50
100 mile Cup	Fastest ESCA rider in the ESCA 100
Ladies 100 mile Trophy	Fastest ESCA lady rider in the ESCA 100
100 mile Team Shield	Fastest ESCA team of 3 riders in the ESCA 100
Individual Points Cup	ESCA rider with the highest number of points
Ladies Points Trophy	ESCA rider with the highest number of ladies' points
Club Points Shield	ESCA club with the highest number of club points

ESCA Time Trials and Competitions in 2023

Reliability Trial Shield	ESCA club with the highest number of successful RT finishers
Roy Humphrey Cup	Presented by Roy's family. In recognition of hard work and commitment to the Association
BAR Team Trophy	Fastest average mph of the best three senior BAR qualifiers from an ESCA affiliated club
Junior BAR Award	Fastest average mph of an ESCA junior over 10 and 25 miles
Lady BAR Trophy	Fastest average mph of an ESCA lady over 10, 25 and 50 miles
Senior BAR Trophy	Fastest average mph of an ESCA rider over 25, 50 & 100 miles

ESCA Competitions Secretary for 2023 – Peter Baker

At East Sussex CA's AGM in February 2023 Peter Baker of Lewes Wanderers kindly stepped forward to take over the Competitions Secretary post that had been vacant for several years, including the duration of the pandemic.

Headline trophy winners for 2019, [2020], 2021 and 2022 were acknowledged at presentations after early season ESCA event HQs but the vets competition winners were not identified. Plans are being put in place for the 2023 vets competitions but have not yet been announced. The aim is also to work retrospectively identify the winners in previous years.

ESCA Trophy Caretaker for 2023 – Stuart Crabb

The trophies were last engraved with the 2019 season winners. Some trophies have no space left for further engraving. At East Sussex CA's AGM in February 2023 it was agreed that the trophies should be retained by the Association and someone identified to take on responsibility for maintaining and engraving the trophies. Stuart Crabb of Hastings & St. Leonards CC kindly agreed to store the trophies whilst plans for their future are made.