



ROYAL ALBERT CYCLING CLUB

Established 1901

"For and on behalf of Cycling Time Trials under its Rules & Regulations"

10 Mile Time Trial

Sunday 23rd April 2023

9AM Eglinton, Irvine

RACE HQ

Race HQ is based at the Racquet Hall, Eglinton Country Park, Irvine KA12 8TA

Registration will open at 08:00

A web link for park details is provided below:

<https://www.north-ayrshire.gov.uk/leisure-parks-and-events/eglinton/eglinton-home.aspx>

RIDER INFORMATION

All riders please remember to bring a form of ID which will be returned when you return the race number.

Under 18 riders – please ensure you have completed the Parental Consent Form which has been emailed separately and submit it to the registration desk.

Rider to Note CTT Regulation 14

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Rider to Note CTT Regulation 15

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

Rider to Note CTT Regulation 17:

Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.



Doping Control

This event may be subject to a Doping Control. As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed, you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required, you must report to Doping Control after finishing without delay.

Race Organiser:

In the event of any issues please feel free to contact the race organiser:

Name: Alan Wilson

Email: royalalbertcyclingclub@gmail.com

Phone: 07789 378 604

Club Volunteers

Finally, this event could not take place without the support from fellow club members. Many will be highly visible (literally!!) on the day but there are also many working behind the scenes as well. Thank you all for your support.

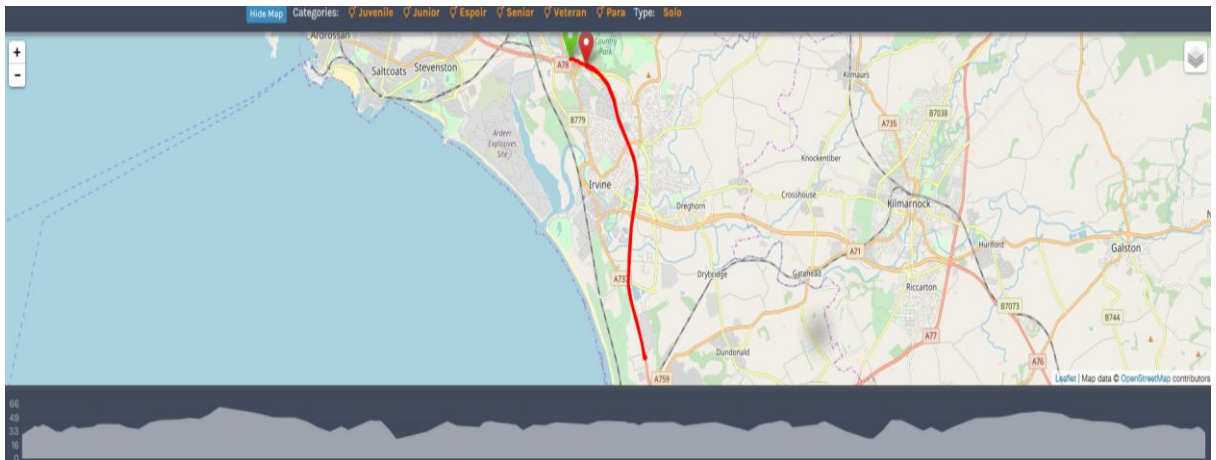
COURSE

The course starts at street lamp No R5 opposite entrance to Eglinton Country Park. Riders will follow A78 south under two interchanges to turn at Dundonald Camp roundabout. Riders then retrace to finish on slip road at Eglinton interchange.

Marshals are there to direct riders, not stop traffic. Please obey the Highway Code and the rules of Scottish Cycling.

Please do not warm up on the course. This will result in a DQ.

COURSE MAP



AWARDS & PRIZES

The award ceremony will be conducted in the hall following the conclusion of the race. Prizes will awarded for the following:

1 st Male	£50	1 st Female	£50
2 nd Male	£30	2 nd Female	£30
3 rd Male	£20	3 rd Female	£20
1 st Espoir Male	£20	1 st Espoir Female	£20
1 st Senior Male	£20	1 st Senior Female	£20
1 st <40 Male	£20	1 st <40 Female	£20
1 st <50 Male	£20	1 st <50 Female	£20
1 st <60 Male	£20	1 st <60 Female	£20
1 st <70 Male	£20	1 st <70 Female	£20

Prizes will be allocated on the basis of one prize per person.

There will also be a prize ceremony for Royal Albert Club Members which includes:

1st Male; 1st Female; 1st Junior Male; 1st Junior Female

Course Records

Solo Male

00:18:18

John Archibald

02-Sep-18 | RTTC National 10 mile Championship (Ayr Roads/Fullarton Wheelers)(Men)

Solo Female

00:20:26

Anna Turvey

01-Sep-18 | RTTC National 10 mile Championship (Ayr Roads/Fullarton Wheelers) (Women)

Solo Male (Junior)

00:19:54

Thomas Prentice

01-Sep-18 | RTTC National 10 mile Championship (Ayr Roads/Fullarton Wheelers)(Juniors)

Solo Female (Junior)

00:21:11

Elynor Backstedt

01-Sep-18 | RTTC National 10 mile Championship (Ayr Roads/Fullarton Wheelers)(Juniors)

Tandem

00:24:55

Lorna Sloan, John Lumley

22-May-22 | Fullarton Whs (Tandems)

Team TT

00:22:14

Karl Farmer, David Morrison

17-Feb-19 | VC Glasgow South (2up TTT)

