Congleton Cycling Club

www.congletoncyclingclub.org.uk

Open 50 Mile Time Trial. Sunday 31 ${ }^{\text {st }}$ July 2022 - Start 08.01 hrs.<br>BBAR Qualifier and Counting Event Cheshire Points Series 2022<br>(Promoted for and on behalf of Cycling Time Trials under their Rules \& Regulations)

| Event HQ: | Cranage Village Hall, CW4 8EQ (open from 07.00 hrs ) <br> on the A50 approx. 1 mile north of Holmes Chapel. PARKING AVAILABLE. <br> PLEASE - NO SHOEPLATES IN THE HALL and make sure no oil drops on the floor. |
| :--- | :--- |
| Course: | J 4/9 |
| Timekeepers: | Christine White (Start) Phil Heaton (Finish) |

Awards: One rider one prize except for "Team Prize".

|  | First | Second | Third |
| :--- | :--- | :--- | :--- |
| Fastest | $£ 30$ | $£ 25$ | $£ 20$ |
| Fastest Female | $£ 30$ | $£ 25$ | $£ 20$ |
| Fastest Junior/Juvenile | $£ 30$ |  |  |
| Fastest Team (aggregate 3 riders) - each | $£ 15$ |  |  |
| Fastest Ladies Team (aggregate 2 riders) - each | $£ 15$ |  |  |
| Fastest Veteran on Std. | $£ 25$ | $£ 20$ | $£ 15$ |

Spot Prizes One years premium subscription to MyWindsock (valued at $£ 50$ ) to finishing positions $20,30,40,50$.

## Riders Notes.

1. Cheshire Bike Marshals will be in attendance to enhance event safety.
2. DO NOT PARK near the Start/Finish area - there is plenty of parking at the HQ
3. RIDERS MUST SIGN ON - Numbers available at HQ.
4. RIDERS MUST SIGN OFF after the event.
5. No U-Turns on the course or at the start or finish areas.
6. Head up riding at all times, Observers are being used during this event. Dangerous riding is endangering the future of our sport.
7. Results will be displayed at the HQ, do not bother the timekeeper.
8. Riders must exercise care at all road junctions. Any competitor who's riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action.
9. A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. This practice is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this manoeuvre will be regarded as contravention of Regulation 47(i), (iii) \& (v).
10. Riders MUST wear a HARD-SHELL HELMET that meets an internationally accepted safety standard.
11. You must have working front and rear lights, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use. Congleton Cycling Club also recommend a flashing front light.
12. Thank you to all riders for supporting our event; we hope you will have a safe and successful ride.
13. This event may be subject to a Doping Control It is your responsibility to check As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board If your number is displayed you should report immediately to Doping Control which will be nearby Remember, it is up to you to check and ensure that you comply
If required you must report to Doping Control after finishing without delay

Refreshments: courtesy of Congleton CC Team, will be available in the Headquarters. Exchange your number for a cup of tea. Please give a minimum $£ 1$ donation for cakes / sandwiches.

Numbers - will be at the HQ. Body numbers must be placed low down on the back and arm numbers on the left shoulder. Numbers Stewards - Georgina Norton, George Brockbank.

Event Secretary Bob Norton 52 Vicarage Lane, Elworth, Sandbach, Cheshire CW11 3BU.
Phone 01270-765510 or 07584839254. E mail, nortonbob4@gmail.co.uk

Course J4/9-(Was J50E) - 50 miles (August 2013)

|  | Inter <br> Miles | Total Miles |
| :---: | :---: | :---: |
| Start in Byley Lane, Cranage, at 10th fence post east of yellow "Underground Cable" marker, on east side of M6 bridge, outside Cranrose Equestrian Centre \& Rose Bank Farm. Proceed east to |  |  |
| Cranage (CARE at junction): Left along A50 to | 0.478 | 0.478 |
| Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at | 0.926 | 1.404 |
| Rudheath (CARE at junction): Left along the A556 to | 4.186 | 5.590 |
| King Street Island: Left along the the A530/B5309 to traffic lights at junction with | 0.145 | 5.735 |
| Centurion Way: Filter left at the traffic lights via an un-named traffic island to | 3.615 | 9.350 |
| Byley Road Corner (Kinderton): Left along the B5801 to | 0.562 | 9.912 |
| Byley Cross Roads: RIGHT WITH CARE into Moss Lane/Byley Lane to | 1.813 | 11.725 |
| Cranage (CARE at junction): Left along A50 to commence a 2nd lap to | 2.097 | 13.822 |
| Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at | 0.926 | 14.748 |
| Rudheath (CARE at junction): Left along the A556 to | 4.186 | 18.934 |
| King Street Island: Left along the the A530/B5309 to traffic lights at junction with | 0.145 | 19.079 |
| Centurion Way: Filter left at the traffic lights via an un-named traffic island to | 3.615 | 22.694 |
| Byley Road Corner (Kinderton): Left along the B5801 to | 0.562 | 23.256 |
| Byley Cross Roads: RIGHT WITH CARE into Moss Lane/Byley Lane to | 1.813 | 25.069 |
| Cranage (CARE at junction): Left along A50 to commence a 3rd lap to | 2.097 | 27.166 |
| Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at | 0.926 | 28.092 |
| Rudheath (CARE at junction): Left along the A556 to | 4.186 | 32.278 |
| King Street Island: Left along the the A530/B5309 to traffic lights at junction with | 0.145 | 32.423 |
| Centurion Way: Filter left at the traffic lights via an un-named traffic island to | 3.615 | 36.038 |
| Byley Road Corner (Kinderton): Left along the B5801 to | 0.562 | 36.600 |
| Byley Cross Roads: RIGHT WITH CARE into Moss Lane/Byley Lane to | 1.813 | 38.413 |
| Cranage (CARE at junction): Left along A50 to commence a 4th lap to | 2.097 | 40.510 |
| Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at | 0.926 | 41.436 |
| Rudheath (CARE at junction): Left along the A556 to | 4.186 | 45.622 |
| King Street Island: Left along the the A530/B5309 to traffic lights at junction with | 0.145 | 45.767 |
| Centurion Way: Filter left at the traffic lights via an un-named traffic island to | 3.615 | 49.382 |
| Byley Road Corner (Kinderton): Left along the B5801 to | 0.562 | 49.944 |
| Finish on B5081, at first grid on left, after entrance to Kinderton Hall | 0.056 | 50.000 |

## Course Records.

Men Chris Fennell (Independent Pedaler) 1:39:31 RTTC National Championship 2021
Women Joanna Patterson (Independent Pedaler) 1:51:35 RTTC National Championship 2021

## Directions to the Start:

From HQ, turn Left onto A50, then first Left into Byley Lane. Start line is approx. 0.5 mile along Byley Lane.

## Directions from Finish to HQ:

Continue on course or turn right 0.3 mile after Finish, into Byley Lane (rough) which goes right at cross roads, re-joining course, to A50 at Cranage, where right to the HQ.

Warm-Up Zone
For minimum disruption and pleasant conditions, please use Middlewich Road (Byley Lane to A50).


From the World Taur to the Club 10.
myWindsack.com course farecasts and analysis are assisting competitive cyclists in maximising their perfarmance.


## MWWininscack

myWindsock.cam

| No. | Start <br> time | firstname | lastname | club | gender | category | VTTA Std. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 3 | 08:03 | Gaynor | Beckett | Total Tri Training | Female | Veteran | 02:31:19 |
| 4 |  | Jeanette | Barber | Seamons CC | Female | Veteran | 02:41:17 |
| 5 | 08:05 | Chester | Romei | North Shropshire Wheelers | Male | Juvenile |  |
| 6 |  | Alison | Stephenson | Congleton CC | Female | Veteran | 02:32:54 |
| 7 |  | Alan | Shuttleworth | Weaver Valley CC | Male | Veteran | 02:50:25 |
| 8 |  | Kieran | Shingler | TricentralUk | Male | Senior |  |
| 9 |  | Paul | Barber | Seamons CC | Male | Veteran | 02:27:06 |
| 10 | 08:10 | James | Brayford | Congleton CC | Male | Senior |  |
| 11 |  | Richard | Dowling | Perth United CC | Male | Veteran | 02:17:46 |
| 12 |  | Paul | Basson | ABC Centreville | Male | Veteran | 02:18:40 |
| 13 |  | Mick | Hutchins | Congleton CC | Male | Veteran | 02:17:20 |
| 14 |  | Alex | Whitmore | Ratae RC | Male | Senior |  |
| 15 | 08:15 | Bradley | Murphy | SKCC | Male | Veteran | 02:17:20 |
| 16 |  | Mat | Stephenson | Congleton CC | Male | Veteran | 02:20:39 |
| 17 |  | Simon | Romei | Paramount CRT | Male | Veteran | 02:16:30 |
| 18 |  | Richard | Coates | Leek CC - Den Engel Belgian Bar | Male | Veteran | 02:22:20 |
| 19 |  | David | Burgess | Stockport Tri Club | Male | Senior |  |
| 20 | 08:20 | Ryan | Snee | TricentralUk | Male | Senior |  |
| 21 |  | Thomas | Garbett | Total Tri Training | Male | Senior |  |
| 22 |  | Andrew | Kelly | Limitless Triathlon Coaching | Male | Senior |  |
| 23 |  | Stephen | Sladin | Congleton CC | Male | Veteran | 02:21:12 |
| 24 |  | Robbie | Harcourt | Salford Cycling Club | Male | Veteran | 02:23:34 |
| 25 | 08:25 | Jozsef | Evans | Fibrax Wrexham RC | Male | Senior |  |
| 26 |  | Dan | Elliot | TricentralUk | Male | Senior |  |
| 27 |  | Christopher | Riley | Paramount CRT | Male | Veteran | 02:20:39 |
| 28 |  | Molly | Savill | Albarosa CC | Female | Senior |  |
| 29 |  | Andy | Griffin | Manchester Wheelers | Male | Veteran | 02:18:40 |
| 30 | 08:30 | Alastair | Ribbands | Congleton CC | Male | Senior |  |
| 31 |  | Kevin | Blades | Bury Clarion CC | Male | Veteran | 02:19:09 |
| 32 |  | lan | Peacock | Leek CC - Den Engel Belgian Bar | Male | Veteran | 02:32:30 |
| 33 |  | Richard | Tennant | Manchester Triathlon Club | Male | Senior |  |
| 34 |  | Stephen | Mellor | Rochdale Tri Club | Male | Veteran | 02:15:19 |
| 35 | 08:35 | David James | Williams | Velotik Racing Team | Male | Veteran | 02:15:43 |
| 36 |  | Philip | Knupfer | Manchester Bicycle Club | Male | Veteran | 02:16:06 |
| 37 |  | Chris | Spencer | Congleton CC | Male | Senior |  |
| 38 |  | Neil | Laing | Southport CC | Male | Veteran | 02:14:56 |
| 39 |  | Dave | Gaskell | Knutsford Tri Club | Male | Veteran | 02:18:13 |
| 40 | 08:40 | Brian | Fogarty | Fogartys Insurance Tri Team | Male | Senior |  |
| 41 |  | Daniel | McParland | Tri Preston | Male | Veteran | 02:14:34 |
| 42 |  | Mike | Walker | Nantwich Cycling Group | Male | Veteran | 02:15:43 |
| 43 |  | Stuart | Ward | Weaver Valley CC | Male | Veteran | 02:21:45 |
| 44 |  | Mark | Kemsley | Manchester Triathlon Club | Male | Senior |  |
| 45 | 08:45 | Stuart | McCormick | Pirate juice cc | Male | Veteran | 02:20:39 |
| 46 |  | Curtis | Huynh | Fogartys Insurance Tri Team | Male | Senior |  |
| 47 |  | Jan | Scotchford | North Lancashire Road Club | Female | Veteran | 02:35:17 |
| 48 |  | Andy | Riley | Team Bottrill | Male | Veteran | 02:16:30 |
| 49 |  | Michelle | Fairclough | Salford Cycling Club | Female | Veteran | 02:29:51 |
| 50 | 08:50 | Adrian | Hughes | Seamons CC | Male | Veteran | 02:21:12 |


| 51 |  | Benjamin | Akin | TricentralUk | Male | Senior |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 52 |  | Alistair | Rutherford | Manchester Bicycle Club | Male | Veteran | $02: 14: 34$ |
| 53 |  | Lucy | Rogers | Congleton CC | Female | Veteran | $02: 33: 28$ |
| 54 |  | Robert | McGregor | Paramount CRT | Male | Senior |  |
| 55 | $08: 55$ | David | Parkin | Chorley Cycling Club | Male | Senior |  |
| 56 |  | Martin | Wiggan | Seamons CC | Male | Veteran | $02: 18: 13$ |
| 57 |  | Philip | Gleave | Congleton CC | Male | Senior |  |
| 58 |  | Deb | Hutson-Lumb | Wrekinsport CC | Female | Veteran | $02: 35: 56$ |
| 59 |  | Stephen | Winrow | Wigan Whs CC | Male | Senior |  |
| 60 | $09: 00$ | Alan | Chorley | Seamons CC | Male | Veteran | $02: 19: 09$ |
| 61 |  | Daniel | Lanigan | TricentralUk | Male | Senior |  |
| 62 |  | Roderz | Hill | TricentralUk | Male | Veteran | $02: 18: 13$ |
| 63 |  | Joe | Rendall | Nantwich Cycling Group | Male | Senior |  |
| 64 |  | Matthew | Pemrick | TricentralUk | Male | Veteran | $02: 18: 40$ |
| 65 | $09: 05$ | Matthew | Wales | Fibrax Wrexham RC | Male | Senior |  |
| 66 |  | Stephen | Dooley | Seamons CC | Male | Veteran | $02: 14: 34$ |
| 67 |  | Jamie | Pleavin | Liverpool Century RC | Male | Veteran | $02: 19: 09$ |
| 68 |  | Tim | Marshall | Seamons CC | Male | Veteran | $02: 16: 55$ |
| 69 |  | Lee | Anderton | TricentralUk | Male | Veteran | $02: 18: 13$ |
| 70 | $09: 10$ | Jack | Levick | Rose Race Team | Male | Senior |  |

