



East Sussex Cycling Association

2017 President Bob Harber – Brighton Excelsior CC



ESCA 10m Time Trial – Saturday 22nd April 2017 – G10/87

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Start Sheet

Event Secretary **Rob Pelham** (Lewes Wanderers CC)
Propel Bikes, 216 High Street, Uckfield, East Sussex TN22 1RE
Telephone: 01825 768241 Email: robmpelham@gmail.com Mobile: 07756 656595

Timekeepers **Tony Palmer** (Worthing Excelsior CC) and **Richard Blackmore** (East Grinstead CC)

General Information

Event HQ

East Hoathly Sports Pavilion, London Road East Hoathly, East Sussex BN8 6QE – Open from 6am. Heading north on the A22, turn right at The Shaw Roundabout into London Road. The HQ is on the right, just before the village.

Car Parking

There is limited parking in the Sports Pavilion car park, when full please park sensibly on London Road – pavilion side only.

Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Start

The start is less than a mile from the Sports Pavilion. Proceed out of the car park and turn right, and continue to South Street.

Signing Out

Please note that for 2017 all competitors are now required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

Prize List

Fastest Overall

First	£30.00
Second	£25.00
Third	£20.00
Fourth	£15.00
Fifth	£10.00

Fastest Lady

First	£20.00
Second	£15.00
Third	£10.00

Fastest Juvenile

First	£15.00
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Fastest Age Category

not winning another individual prize

Under 35	£10.00
35 – 39	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 and over	£10.00

Fastest Team of 3

First	£15.00 each
Second	£10.00 each

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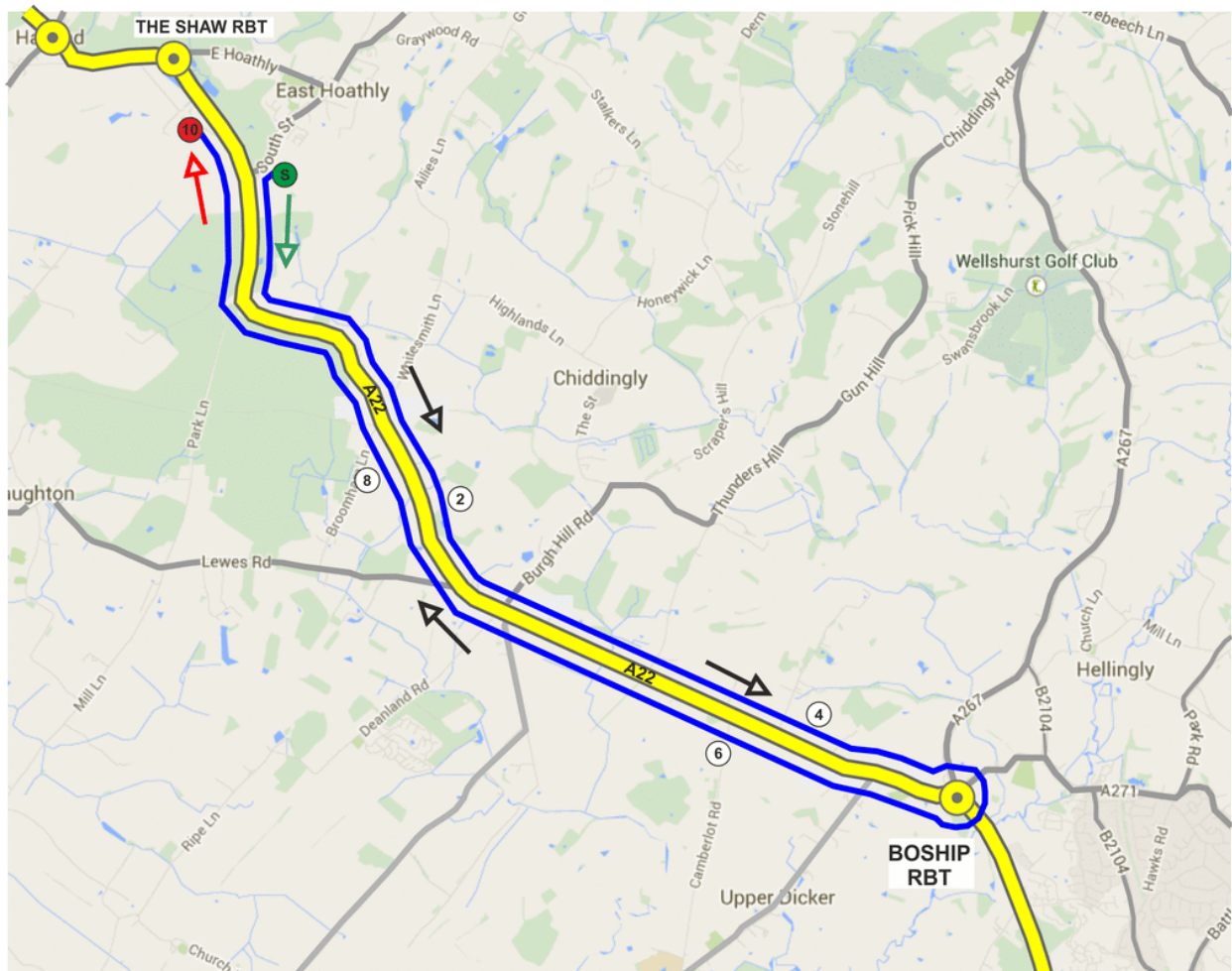
Course Details

G10/87 – East Hoathly – Whitesmith – Golden Cross - Boship – A22

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the Sussex CA website www.sussexca.org.uk/g1087.html

OS Ref	Course G10/87	Distance
TQ517156	START in South Street, East Hoathly, at red arrow at drain 28 yards before T junction with East Hoathly by-pass	00.00m
TQ572112	LEFT and follow A22 through Whitesmith and Golden Cross to Boship RBT where TURN (Check)	04.90m
TQ513162	4th exit and retrace on A22 through Golden Cross and Whitesmith to FINISH at red arrow at second drain past field gate on East Hoathly by-pass just before first footpath crossing and 334 yards past right turn (South Street) for East Hoathly.	10.00m



Additional Safety Instructions

- Competitors must exercise extra care when turning LEFT just after Start and at the Boship roundabout
- **No 'U' turns after finishing or riders will be disqualified** – after finishing, competitors MUST continue to The Shaw roundabout and take second exit (RIGHT) to return to Event HQ at East Hoathly Sports Pavilion.

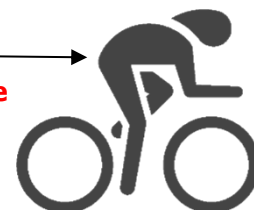
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Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Parental Consent Forms** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note that for 2017 all competitors are now required personally to sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded as DNF.

Please pin
number here



This is a qualifying event for

ESCA Points Competition 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies Counts towards the fastest junior, fastest lady and the fastest team of three from an ESCA affiliated club over 10 miles – the best performance at either this, **or the September 10**, will be eligible for these awards at the annual prize presentation in January 2018

ESCA BAR Qualifying event for the ESCA lady, lady veteran and junior Best All Rounder competitions.

Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA	Website	www.eastsussexca.org.uk/
	Facebook Group	www.facebook.com/groups/EastSussexCA/
Sussex CA	Website	www.sussexca.org.uk/
	Facebook Group	www.facebook.com/groups/SussexCA/

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Order of Start

Race No.	Start Time	Rider	Club	Cat	Age
10	07:10	Christian Yates	East Grinstead CC	V	54
11	07:11	Oliver Morris-Jones	In-Gear Quickvit Trainsharp RT	S	23
12	07:12	Matthew Sumpter	In-Gear Quickvit Trainsharp RT	S	28
13	07:13	Daniel Ellis	Eastbourne Rovers CC	S	36
14	07:14	Laurence Green	Lewes Wanderers CC	V	57
15	07:15	John-Paul Brophy	Eastbourne Rovers CC	V	42
16	07:16	Sally Turner	GS Stella	WS	37
17	07:17	Dan Harwood	Hastings & St. Leonards CC	V	44
18	07:18	Chris Cowlard	De Laune CC	V	62
19	07:19	Anita Turner	Eastbourne Rovers CC	WV	46
20	07:20	Tom Glandfield	Lewes Wanderers CC	V	44
21	07:21	Andrew Quye	Southborough & Dist. Whs	V	55
22	07:22	Aidan McConville	Lewes Wanderers CC	S	38
23	07:23	Peter Eames	Eastbourne Rovers CC	V	54
24	07:24	Robin Johnson	Brighton Mitre CC	V	68
25	07:25	Emma Lewis	APRIRE Bicycles/HSS Hire	WS	25
26	07:26	David Clements	Eastbourne Rovers CC	V	45
27	07:27	Rob Pelham	Lewes Wanderers CC	V	40
28	07:28	Richard Fisher	In-Gear Quickvit Trainsharp RT	V	53
29	07:29	Doug Finch	Southborough & Dist. Whs	V	66
30	07:30	Dan Sadler	RT 316	V	40
31	07:31	Dan Helyer	Eastbourne Rovers CC	S	29
32	07:32	Bruce English	Eastbourne Rovers CC	V	52
33	07:33	Lee McGeever	Brighton Excelsior CC	V	47
34	07:34	Gerry Akehurst	In-Gear Quickvit Trainsharp RT	V	52
35	07:35	Peter Baker	Lewes Wanderers CC	V	59
36	07:36	Joscelin Lowden	APRIRE Bicycles/HSS Hire	WS	29
37	07:37	Peter Barling	Lewes Wanderers CC	S	34
38	07:38	Paul Valks	Lewes Wanderers CC	V	73
39	07:39	Paul Butler	Hastings & St. Leonards CC	V	44
40	07:40	David Pollard	In-Gear Quickvit Trainsharp RT	V	59
41	07:41	David Clark	Eastbourne Rovers CC	V	48
42	07:42	Fabien Large	Direct Power Cycling Team	Jv	15
43	07:43	Martin Baddeley	Lewes Wanderers CC	S	37
44	07:44	Erica Martin	Eastbourne Rovers CC	WS	35
45	07:45	Damen Foord	Direct Power Cycling Team	S	33
46	07:46	John Cordner	Eastbourne Rovers CC	V	47
47	07:47	Paul Winkley	East Grinstead CC	V	60
48	07:48	Chris Martin	Lewes Wanderers CC	V	58

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Race No.	Start Time	Rider	Club	Cat	Age
49	07:49	Chris Parker	Hastings & St. Leonards CC	V	61
50	07:50	Marc Townsend	Eastbourne Rovers CC	S	36
51	07:51	Stuart Hodd	PB Cycle Coaching Racing Team	V	48
52	07:52	Ion Tsakalis	Brighton Mitre CC	V	51
53	07:53	Tim Wells	Eastbourne Rovers CC	V	45
54	07:54	Pippa Harper	Brighton Mitre CC	WV	46
55	07:55	George Welfare	Eastbourne Rovers CC	S	31
56	07:56	Michael Valks	Lewes Wanderers CC	V	46
57	07:57	Stephen Comben	Lewes Wanderers CC	S	39
58	07:58	Jonathan Molton	Hastings & St. Leonards CC	V	49
59	07:59	Nathan Russell	Eastbourne Rovers CC	S	28
60	08:00	Howard Shaw	Eastbourne Rovers CC	S	31
61	08:01	Sam Dix	In-Gear Quickvit Trainsharp RT	V	45
62	08:02	Samuel Ramsey	Lewes Wanderers CC	V	53
63	08:03	Jason Le Goff	In-Gear Quickvit Trainsharp RT	V	41
64	08:04	Keis Layzell	Eastbourne Rovers CC	V	43
65	08:05	Iain Brogden	Eastbourne Rovers CC	V	48
66	08:06	Sean Quinney	Lewes Wanderers CC	V	48
67	08:07	Alan Brooks	Bayeux Cycling Team	V	61
68	08:08	Peter Watts	Eastbourne Rovers CC	S	39
69	08:09	Olivia Webb	Eastbourne Rovers CC	WV	48
70	08:10	Nick Dwyer	Lewes Wanderers CC	V	53