

West Pennine RC (Max 100 Riders)(Preference North DC Clubs)(NO Start Order Preference)

**A West Pennine Road Club promotion on Levens 10 mile
time trial course.**

18/05/2024 18:00

L1015 - LEVENS

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Lay-by on Nannypie Lane leading to Sizergh Castle.

SAT NAV = LA8 8DZ

Route from HQ to start

Course details

START in lay-by alongside the A590 approximately 500 yards south-west of junction with southbound A6 in line with the three white marks on kerb edge which are 20 yards west of a drainage grate which is 5 yards west of the eastern end of footpath and 25 yards east of a drainage grate almost in line with the SOS telephone point. This mark is directly in line with a wooden fence post with two angled supports in the hedge and almost in line with a 'Please take your litter home sign'. Proceed along the A590 in a south-westerly direction to encircle the roundabout on Lindale by-pass (5.243 miles). Retrace along the A590 to FINISH in line with the metal cover in northern grass verge embossed 'Charlton Iron Works Sheffield' which is approximately 12 yards east of large road sign on slip-road to the A6 approximately 90 yards short of Levens Bridge/Levens Village road (10 MILES).

Local regulations

Cycling Time Trials – North D.C. 2022 – Local Regulations L1015, L2524, L308

The following Local Regulations have been approved by the National Committee in accordance with Regulation 38 Any breaches may lead to disciplinary action being taken.

CTT Regulation 14 Competitors Machine – FRONT WHITE LIGHT & REAR RED LIGHT.

NO COMPETITOR shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine **A WORKING FRONT WHITE LIGHT**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. **A WORKING REAR RED LIGHT** must be affixed to the rear of the machine, that is illuminated and in a position that is clearly visible to other road users

Regulation 17: Signing-on Sheet and Signing-Out Sheet:

The Competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

In Type A events a competitor must return to the events HQ either during the event or within a reasonable time after the last rider has finished the even and must (i) return their number and (ii) sign the official Signing–Out Sheet

Local Reg No 5

For the duration of the event, competitors must not ride past the timekeepers, except when actually competing.

Local Reg No 6

Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event

Local Reg No 10

Course L1015, L2524 & L308 – warming up on the course is not permitted during the duration of the event.

Local Reg No 12

No parking on the car park or on the frontage of the Strickland Arms.

Local Reg No 15

Riders must keep to the left-hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

ALL the ABOVE to be included on the START SHEET

IN ADDITION TO THE ABOVE

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations).

Riders must NOT ride with their heads down.

Helmets:

All competitors **MUST** wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard (See Regulation 15).

Organiser contact details

Mark Hulme
7 Brockway Rochdale

01706 359792
markhulme66@btinternet.com

Time keepers/officials

Time Keepers; Richard Taylor and Tracey Moore

Course records

Solo Open

00:17:29

Simon Wilson

19-Sep-21 | Springfield Financial (90 riders) (Charity event)(Preference North DC Clubs)(No Start Order Preferences)

Solo Female

00:19:14

Anna Turvey

22-Jun-19 | Springfield Financial Racing Team(Charity event)(Preference North DC Clubs)(No Start Order Preferences)

Solo Open (Junior)

00:18:36

Thomas Day

09-Aug-20 | Croston Velo (Preference North DC Clubs)

Solo Female (Junior)

00:21:32

Maddie Leech

17-Apr-21 | East Lancashire Road Club (Preference North DC Clubs)(90 Riders)

Tandem

00:20:08

Richard Dixon , Tim Humphries

18-Aug-18 | wigan wheelers(charity event)(tandems)(fee per rider)

Awards/prizes

Overall

1st 35

2nd 25

3rd 20

4th 15

5th 10

vet 40-49 10

vet 50-59 10

vet 60-69 10

vet 70+ 10

1st Espoir 10

1st Junior 10

1st Juvenile 10

1st Trike 10

Fastest Team of 3 (£10 each)30

Course Record 35

Female

1st 35

2nd 25

3rd 20

4th 15

5th 10

vet 40-49 10

vet 50-59 10

vet 60+ 10

Course Record 35

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

West Pennine RC (Max 100 Riders)(Preference North DC Clubs)(NO Start Order Preference)

Start Number	Start Time	Rider	Club	Gender	Category
1	18:01:00	Denis Thompson	West Pennine Road Club	Open	Vet
2	18:02:00	Jennifer Nicol	Velo Club Vitesse	Female	Vet
3	18:03:00	Brian Moore	The Tricycle Association - North Western Region	Open	Vet
4	18:04:00	John Leach	Rosendale RC	Open	Vet
5	18:05:00	Harry Cowley	Chester RC	Open	Vet
6	18:06:00	Michael Cox	North Lancashire Road Club	Open	Vet
7	18:07:00	David Tobin	Manchester Wheelers	Open	Vet
8	18:08:00	Chris Scaife	Zurbaran Racing	Open	Vet
9	18:09:00	Paul Shallicker	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	Open	Vet
10	18:10:00	Cara Rawlinson	Tactic UK WRT	Female	Senior
11	18:11:00	Stuart Phillipson	Velo Club Cumbria	Open	Vet
12	18:12:00	Mark Messenger	Macclesfield Wheelers	Open	Vet
13	18:13:00	William Armstrong	Velo Club Cumbria	Open	Vet
14	18:14:00	Simon Myerscough	Ribble Valley C&RC	Open	Vet
15	18:15:00	Sophie Heighton	Ferryhill Whs	Female	Junior
16	18:16:00	Stephen Dooley	Seamons CC	Open	Vet
17	18:17:00	Sue Cheetham	North Lancashire Road Club	Female	Vet
18	18:18:00	Jesse Dawson	Vanelli-Project GO	Open	Vet
19	18:19:00	Cliff Degraff	Velo Club Cumbria	Open	Vet
20	18:20:00	Zac Whitehall	Congleton CC - MyWindsock	Open	Junior
21	18:21:00	Martin Wright	Eat Plants Not Pigs CC	Open	Vet
22	18:22:00	Tony Johnston	Barrow Central Wheelers	Open	Vet
23	18:23:00	Brian Nicol	Velo Club Vitesse	Open	Vet
24	18:24:00	Christopher Thomas	Blackburn & District CTC	Open	Vet
25	18:25:00	Nathan Whitehall	Congleton CC - MyWindsock	Open	Vet
26	18:26:00	Katherine Swithenbank	360cycling	Female	Senior
27	18:27:00	Scott Taylor	Springfield Financial Racing Team	Open	Vet
28	18:28:00	Ian Elliot	Hawick Cycling Club	Open	Vet
29	18:29:00	Ste Bolton	Giant-Kendal-Sidas.uk	Open	Senior

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Start Number	Start Time	Rider	Club	Gender	Category
30	18:30:00	Joanna Cebrat	360cycling	Female	Vet
31	18:31:00	Lily Brindle	Brother Uk - Team OnForm	Female	Junior
32	18:32:00	Martin Welsh	Pendle Forest CC	Open	Vet
33	18:33:00	Sam Witter	Congleton CC - MyWindsock	Open	Senior
34	18:34:00	Mike Westmorland	Border City Whs CC	Open	Vet
35	18:35:00	Patrick Healy	Buxton CC/Sett Valley Cycles	Open	Vet
36	18:36:00	John Proudlove	Velo6 Racing	Open	Vet
37	18:37:00	Neil Swithenbank	360cycling	Open	Vet
38	18:38:00	Martin Gargett	Halifax Imperial Wheelers	Open	Vet
39	18:39:00	Christopher Beaty	GS Metro	Open	Vet
40	18:40:00	Louise Scupham	Jadan Vive Le Velo	Female	Senior
41	18:41:00	Mick Braithwaite	Springfield Financial Racing Team	Open	Vet
42	18:42:00	Alex Moss	Congleton CC - MyWindsock	Open	Senior
43	18:43:00	David Rundall	Chorley Cycling Club	Open	Vet
44	18:44:00	Barrie Whittaker	Lyme Racing Club	Open	Vet
45	18:45:00	Paul Russell	Springfield Financial Racing Team	Open	Vet
46	18:46:00	Steven Fidler	Velo6 Racing	Open	Senior
47	18:47:00	Mark Jones	360cycling	Open	Vet
48	18:48:00	Paul Singleton	Kent Valley RC	Open	Vet
49	18:49:00	Andy Horner	Springfield Financial Racing Team	Open	Vet
50	18:50:00	James Meldrum	Mersey Tri	Open	Vet
51	18:51:00	Shaun Wakes	Ferryhill Whs	Open	Vet
52	18:52:00	Neil Cooper	Liverpool Century RC	Open	Vet
53	18:53:00	Peter Greenwood	Clayton Velo	Open	Vet
54	18:54:00	Graham Jones	Edinburgh Road Club	Open	Vet
55	18:55:00	Mark Rowland	Selby CC	Open	Vet
56	18:56:00	Simon Woodliff	Ayr Burners Cycling	Open	Vet
57	18:57:00	Rachel Brown	Brother Uk - Team OnForm	Female	Senior
58	18:58:00	Anna Weaver	Team Kirkley Cycles	Female	Senior
59	18:59:00	Roch Morgan	Derby Mercury R C	Open	Youth
60	19:00:00	Paul Lawton	ADDFORM Vive Le Velo	Open	Senior
61	19:01:00	Daniel Chesters	Warrington Road Club/Horton Light Engineering	Open	Vet
62	19:02:00	Hamish Hunter	Velo Club Venta	Open	Junior
63	19:03:00	Russell Marsden	Pendle Forest CC	Open	Vet
64	19:04:00	Eddie Monteith	Warrington Road Club/Horton Light Engineering	Open	Senior
65	19:05:00	Roy Nield	East Lancashire RC	Open	Vet
66	19:06:00	George Higgins	Birkenhead North End CC	Open	Senior

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67	19:07:00	Matt Stell	Springfield Financial Racing Team	Open	Vet
68	19:08:00	Mat Ivings	Buxton CC/Sett Valley Cycles	Open	Vet
69	19:09:00	Ben Lovell	Kent Valley RC	Open	Vet
70	19:10:00	Tony Scott	GTR - Return To Life p/b Streamline	Open	Vet
71	19:11:00	John Hewison	Zurbaran Racing	Open	Vet
72	19:12:00	David Flux	Kent Valley RC	Open	Vet
73	19:13:00	Louis Thomas-Messenger	Macclesfield Wheelers	Open	Senior
74	19:14:00	Tom Davies	Velotik Racing Team	Open	Senior
75	19:15:00	John Fiddies	HIVE Racing	Open	Vet
76	19:16:00	Angus Wilson	Dundee Thistle	Open	Vet
77	19:17:00	Paul Braithwaite	Pendle Forest CC	Open	Vet
78	19:18:00	Robin Hennessy	Velotik Racing Team	Open	Senior
79	19:19:00	Adam Taylor	Wigan Whs CC	Open	Senior
80	19:20:00	Graham Hollinger	Torvelo Racing	Open	Senior
81	19:21:00	Luca Bednarek	Team Bottrill	Open	Junior
82	19:22:00	Basil Monks	Edinburgh Road Club	Open	Senior
83	19:23:00	Matt Morris	Wigan Whs CC	Open	Senior
84	19:24:00	Lorenzo Mezzullo	Manchester Bicycle Club	Open	Senior
85	19:25:00	Joanna Patterson	Pro Endurance Coaching	Female	Senior
86	19:26:00	James Holloway	Ribble Cycles	Open	Senior
87	19:27:00	Nicholas Latimer	Team Lifting Gear Products	Open	Vet
88	19:28:00	Kamil Waligora	360cycling	Open	Senior
89	19:29:00	Deetray Jarrett	The Green Jersey Cycling Club	Open	Espoir
90	19:30:00	Richard Bideau	Pendle Forest CC	Open	Vet
91	19:31:00	Euan Adam	Durham City Velo	Open	Senior
92	19:32:00	David Parkin	Velotik Racing Team	Open	Senior
93	19:33:00	Scott Burns	Manchester Bicycle Club	Open	Vet
94	19:34:00	Joe Cosgrove	Team Bottrill	Open	Junior
95	19:35:00	Grant Bigham	HUUB WattShop	Open	Senior
96	19:36:00	Douglas Watson	GTR - Return To Life p/b Streamline	Open	Vet
97	19:37:00	Simon Wilson	HUUB WattShop	Open	Vet